

Stuck In The Middle

COPPER KNOB
STEPPERS

拍数: 48 墙数: 2 级数: Beginner +
编舞者: Lyn Booth (AUS) - September 2015
音乐: Stuck In the Middle (feat. Guy Sebastian) - Adam Harvey : (Album: Both Sides Now)



Intro: 8 Counts quick start (1 Tag at end of 3rd Wall).

S1: WALK, WALK, OUT-OUT, CLAP, CROSS ROCK, BACK ROCK

1,2&3,4 Step R FWD, Step L FWD, Step R to side (slightly FWD), Step L side (slightly FWD), Clap
5,6,7,8 Cross Rock R over L, Replace L, Rock R back diag R, Replace L

S2: CROSS, POINT, CROSS, POINT, CROSS, 1/4R, SIDE, CROSS (1/4R JAZZ BOX CROSS)

1,2,3,4 Cross R over L, Point L to L Side, Cross L over R, Point R to R Side
5,6,7,8 Cross R over L, 1/4R step L back, Step R to R, Cross L over R

S3: SIDE SHUFFLE, BACK ROCK, SIDE SHUFFLE, BACK ROCK

1&2,3,4 Side shuffle to R step R-L-R, Rock L back, Replace R
5&6,7,8 Side Shuffle to L step L-R-L, turning slightly to face 4.30 as you Rock R Back, Replace L

S4: WALK, WALK, WALK, KICK, BACK, BACK, BACK, TAP

1,2,3,4 Step FWD R-L-R, Kick L (4:30)
5,6,7,8 Step BACK L-R-L (traveling gradually back to face 6:00 wall), Tap R beside L ###

S5: FWD, TOG, FWD, TAP, BACK, TAP, BACK, TAP

1,2,3,4 Step R FWD R Diag., Step L beside R, Step R FWD R Diag., Tap L beside R
5,6,7,8 Step L back L Diag (7:30), Tap R beside L, Step R back R Diag (4.30), Tap L beside R

S6: FWD, TOG, FWD, TAP, BACK, TAP, BACK, TAP

1,2,3,4 Step L FWD L Diag., Step R beside L, Step L FWD L Diag., Tap R beside L
5,6,7,8 Step R back R Diag (4.30), Tap L beside R, Step L back (6.00), Tap R beside L**

REPEAT

Tag: **

End of Wall 3 (6:00) - add Tag (repeating count 33-39, then step L tog' on count 40)

FWD, TOG, FWD, TAP, BACK, TAP, BACK, TAP

1,2,3,4 Step R FWD R Diag., Step L beside R, Step R FWD R Diag., Tap L beside R
5,6,7,8 Step L back L Diag (7:30), Tap R beside L, Step R back R Diag (4.30), Tap L beside R

Ending: ###

On the last wall dance to Count 32 Facing front (12.00) – Walk FWD, Walk Back, Tap.

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Last Update – 16th Sept 2015