

A Wonderful Life Without You

COPPER KNOB
STEPSHEETS

拍数: 96 墙数: 1 级数: Phrased Intermediate
编舞者: Jennifer Jou (TW), Sally Hung (TW) & Tina Chen Sue-Huei (TW) - August 2015
音乐: A Wonderful Life Without You (一個人的精彩) - Elva Hsiao (蕭亞軒)



Sequence of dance: AB/Tag 1/AB/Tag 2/Tag 1/BB/Tag 2

Intro: 16 counts

Tag 1 (16 counts)

1,2,3,4 Touch R toes to the R, touch R toes next to L, step a big step on R to R side, drag L toward R
5,6,7,8 Touch L toes to the L, touch L toes next to R, step a big step on L to L side, drag R toward L
9,10,11,12 Walk fwd on R, hold, walk fwd on L, hold
13,14,15,16 Step fwd on R, Pivot ½ turn L, step fwd on R, Pivot ½ turn L

Tag 2 (32 counts)

1,2,3,4 Touch R toes to the R, touch R toes next to L, step a big step on R to R side, drag L toward R
5,6,7,8 Touch L toes to the L, touch L toes next to R, step a big step on L to L side, drag R toward L
9,10,11,12 Step fwd on R, hold, step fwd on L, hold,
13,14,15,16 Step fwd on R, ½ turn L, step fwd on R, step L next to R
17 - 32 Repeat 1-16

SECTION A (64 COUNTS)

A1. SIDE STEP HOLD, TOGETHER HOLD

1,2,3,4 Step R to side, hold, step L next to R, hold
5,6,7,8 Step R to side, hold, step L next to R, hold

A2. CROSS HOLD RECOVER SIDE (X2), CROSS SIDE BEHIND SIDE CROSS SIDE HEEL

1&2& Cross R over L, hold, recover, step R to R side
3&4& Cross L over R, hold, recover, step L to L side
5&6&7&8 Cross R over L, step L to L, cross R behind L, step L to L, cross R over L, step L to L, tap R heel to R diagonal

A3. STEP, CROSS HOLD, STEP, CROSS SHUFFLE, ¼ L FWD, ¼ L FWD, CROSS SHUFFLE

&1,2,&3&4 Step R in place, cross L over R, hold, step R in place, cross shuffle on LRL
5,6,7&8 ¼ turn L stepping R fwd, ¼ turn L stepping L fwd, cross shuffle on RLR

A4. STEP, ¼ R, HALF TURN SHUFFLE, SWEEP, SWEEP, ROCK BACK RECOVER

1,2,3&4 Step L in place, ¼ turn R stepping fwd on R, shuffle LRL turning R ½
5,6,7,8 Sweep R, Sweep L, rock back on R, recover onto L

A5. SIDE ROCK, COASTER CROSS, SIDE ROCK COASTER CROSS

1,2,3&4 Rock R to R side, recover onto L, step back on R, step L next to R, cross R over L
5,6,7&8 Rock L to L side, recover onto R, step back on L, step R next to L, cross L over R

A6. WALK WALK, FWD SHUFFLE, STEP, PIVOT ½ TURN R, ¾ TURN SHUFFLE

1,2,3&4 Walk fwd on R-L, shuffle fwd on RLR
5,6,7&8 Step fwd on L, Pivot ½ turn R, shuffle LRL turning R ¾

A7. REPEAT A5

A8. WALK WALK, FWD SHUFFLE, STEP, PIVOT ½ TURN R, FWD SHUFFLE

1,2,3&4 Walk fwd on R-L, shuffle fwd on RLR
5,6,7&8 Step fwd on L, Pivot ½ turn R, shuffle fwd on LRL

SECTION B (32 counts)

B1. FWD, SHOULDER SHAKE, BACK, SHOULDER SHAKE

1,2,3,4 On ball of L, step R fwd (body forward) shaking shoulder R-L-R-L
5,6,7,8 On ball of L, step back on R (body backward) shaking shoulder R-L-R-L

B2. FWD, ½ L FLICK, FWD, FLICK, FWD, ½ L FLICK, FWD, FLICK

1,2,3,4 Step fwd on R, ½ turn L flick L, step fwd on L, flick R
5,6,7,8 Step fwd on R, ½ turn L flick L, step fwd on L, flick R

B3. SIDE SHOULDER SHAKE, SIDE SHOULDER SHAKE

1,2,3,4 Step R to R side (sitting on R) with shoulder shake RLRL
5,6,7,8 Weight shift to L (sitting on L) with shoulder shake

B4. CROSS MAMBO, STEP, PIVOT ½ TURN L, STEP, PIVOT ½ TURN L

1&2,3&4 Cross mambo on RLR, LRL
5,6,7,8 Step fwd on R, pivot ½ turn L, step fwd on R, pivot ½ turn L

Happy dancing:

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