

Seminole Wind

拍数: 64 墙数: 4 级数: Improver
编舞者: Hayley Wheatley (UK) - September 2015
音乐: Seminole Wind - James Taylor : (Album: Covers)



Music Available on Itunes and Amazon

Intro:- 64 counts

S1: SIDE STEP, CROSS, SIDE ROCK, RECOVER, CROSS SHUFFLE, HOLD

1-2 Step right foot to right side, Cross left foot over right
3-4 Rock right foot to right side, Recover onto left
5-6 Cross right foot over left, Step left foot to left side
7-8 Cross right foot over left, Hold

S2: SIDE STEP, TOGETHER, STEP BACK, HOLD, COASTER STEP, HOLD

1-2 Step left foot to left side, Close right foot next to left
3-4 Step back on left foot, Hold
5-6 Step back on right foot, Step left foot next to right
7-8 Step fwd on right foot, Hold

S3: STEP, TOUCH, STEP, BRUSH, STEP, TOUCH, STEP, BRUSH

1-2 Step forward on left foot, Touch right toe next to left foot
3-4 Step forward on right foot, Brush left foot forward
5-6 Step forward on left foot, Touch right toe next to left foot
7-8 Step forward on right foot, Brush left foot forward

S4: JAZZ BOX ¼ TURN WITH HOLD, CROSS ROCK, RECOVER, SIDE STEP, HOLD

1-2 Cross left foot over right, Step back on right foot
3-4 Step left foot to left side while making ¼ turn left, Hold [9:00]
5-6 Cross rock right foot over left, Recover onto left foot **MODIFIED RESTART ON WALL 6**
7-8 Step right foot to right side, Hold

S5: FORWARD ROCK, SIDE ROCK, SAILOR ½ TURN, HOLD

1-2 Rock forward on left foot, Recover onto right
3-4 Rock left foot to left side, Recover onto right
5-6 Step left foot behind right, Step right foot to right side while making ¼ turn left [6:00]
7-8 Step forward on left foot making ¼ turn left, Hold [3:00]

S6: FORWARD ROCK, SIDE ROCK, JAZZ BOX ¼ TURN, HOLD

1-2 Rock forward on right foot, Recover onto left
3-4 Rock right foot to right side, Recover onto left
5-6 Cross right foot over left, step back on left foot
7-8 Step right foot to right side making ¼ turn right, Hold [6:00]

S7: MAMBO STEP, KICK, STEP BACK, KICK, STEP BACK, KICK

1-2 Rock forward on left foot, recover onto right
3-4 Step left foot next to right, Kick right foot forward
5-6 Step back onto right foot, Kick left foot forward
7-8 Step back onto left foot, Kick right foot forward

S8: COASTER STEP, HOLD, STEP, PIVOT ¼ TURN, CLOSE, HEEL

1-2 Step back on right foot, Step left foot next to right
3-4 Step forward on right foot, Hold

5-6 Step forward on left foot, Pivot ¼ turn right [9:00]
7-8 Close left foot next to right, Tap right heel forward

Restart: On wall 6, dance up to count 30 and then replace counts 31-32 with two right heel taps forward, then Restart the dance from the beginning [facing 6:00]

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