Balada Boa-Eze

级数: Phrased Beginner / Improver

编舞者: Sue Mallion & Dave Mallion - August 2015

音乐: 'Balada Boa' (Hits Dance Club) – DJ Team

#48 count intro - Part A - 32 counts :: Part B - 32 counts

PART A

A1: VINE RIGHT, VINE LEFT

拍数: 64

- 1-2 Step right foot to right side, cross left behind right
- 3-4 Step right foot to right side, touch left beside right
- 5-6 Step left foot to left side, cross right behind left
- 7-8 Step left foot to left side, touch right beside left

A2: RIGHT LOCK STEP AND TOUCH, LEFT LOCK STEP AND TOUCH

- 1-3 Step right forward, lock left behind right, step right forward
- 4 Touch left beside right
- 5-7 Step left forward, lock right behind left, step left forward
- Touch right beside left 8

A3: MONTEREY QUARTER TURN, TWICE

- Point right to right side, ¼ turn onto right (putting weight onto it), left point out to side, step left 1-4 beside right
- 5-8 Repeat steps 1-4

A4: CHASSE RIGHT, BACK ROCK, CHASSE LEFT, BACK ROCK

- Step right to right side, step left beside right, step right to right side 1&2
- 3-4 Rock back diagonally on left behind right, recover weight onto right
- 5&6 Step left to left side, step right beside left, step left to left side
- 7-8 Rock back diagonally on right, recover weight onto left

PART B

B1: WALK RIGHT DIAGONAL FORWARD AND KICK, RECOVER BACK

- 1-3 Walk diagonal forward right, left, right to right corner
- 4 Kick left foot forward
- 5-7 Walk diagonal back left, right and left
- 8 Touch right foot beside left

B2: WALK LEFT DIAGONAL FORWARD AND KICK, RECOVER BACK

- 1-3 Walk diagonal forward right, left, right to left corner
- 4 Kick left foot forward
- 5-7 Walk diagonal back left, right and left
- 8 Touch right foot beside left

B3: STEP POINT, STEP POINT, JAZZ BOX QUARTER RIGHT

- 1-2 Step forward right, point left foot diagonally forward
- 3-4 Step forward left, point right diagonally forward
- 5-8 Cross right over left, step left back, step right to side turning a quarter, step left beside right.

B4: STEP POINT, STEP POINT, JAZZ BOX QUARTER RIGHT

- 1-2 Step forward right, point left foot diagonally forward
- 3-4 Step forward left, point right diagonally forward
- 5-8 Cross right over left, step left back, step right to side turning a quarter, step left beside right.





墙数: 2

DANCE SEQUENCE:

* Finish with 1st 16 counts of part A Alternate finish; 1st 12 counts of part A, followed by rock forward on left, half turn left, stomp right, stomp left and spreading arms.

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