

Traveling Swing (P)

COPPER KNOB
BY STEPHEN HETS

拍数: 32 墙数: 4 级数: Intermediate Partner
编舞者: Dan Albro (USA) - July 2015
音乐: Good Night - Billy Currington
或: any good WCS song



Start position: Closed Social, man facing FLOD, ladies BLOD.

Intro: 40 count intro, start on vocals

[1-8] Man: ROCK, REPLACE, ¼ TURN SHUFFLE, CROSS, SIDE, ROCK, REPLACE

1,2,3 Rock fwd R, replace weight on L, turn ¼ right stepping side R (facing OLOD)

&4,5,6 Step L next to R, step side R, cross L over R, step side R

7,8 Rock back L, replace weight on R

[1-8] Lady: ROCK, REPLACE, ¼ TURN SHUFFLE, ½ TURN, ½ TURN, ROCK, REPLACE

1,2,3 Rock back L, replace weight on R, turn ¼ right stepping side L (facing ILOD)

&4,5 Step R next to L, step side L, turn ½ right stepping side R (facing OLOD)

6,7,8 Turn ½ right stepping side L (facing ILOD), rock back R, replace weight on L

Hands: Count 5 his left/her right over her head. On count 6 pick up her left/his right, releasing his left

[9-12] Man: ¼ TURN SIDE, TOGETHER, SIDE, ANCHOR STEP

1&2 Turn ¼ right stepping side L (BLOD facing lady), step R next to L, step side L

3&4 Step R behind L, step L in place, step R in place

[9-12] Lady: STEP FWD, ½ PIVOT, ¼ TURN STEP SIDE, ANCHOR STEP

1&2 Step fwd R, pivot ½ left weight on L (OLOD), turn ¼ left stepping side R (FLOD facing man)

3&4 Step L behind R, step R in place, step L in place

Hands: Release hands on count 1, pick up ladies right/mans left on count 3.

[13-18] Man: BACK, BACK, TOUCH, STEP FWD, ANCHOR STEP (SUGAR PUSH)

1,2,3,4 Step back L, step back R, touch L in front of R, step fwd L

5&6 Step R behind L, step L in place, step R in place

[13-18] Lady: FWD, FWD, TOUCH, STEP BACK, ANCHOR STEP (SUGAR PUSH)

1,2,3,4 Step fwd R, step fwd L angle body slightly right, touch R next to L, step back R

5&6 Step L behind R, step R in place, step L in place

Hands: On count 2 pick up ladies left/mans right, on count 4 release ladies left/mans right.

[19-24] Man: BACK, ¼ TURN, ¼ SHUFFLE SIDE, SAILOR SHUFFLE (RIGHT SIDE PASS)

1,2 Step angle back left on L, turn ¼ right stepping side R (ILOD)

3&4 Turn ¼ right stepping side L (FLOD), step R next to L, step side L

5&6 Cross R behind L, step side L, step side R

[19-24] Lady: FWD, FWD, FWD, ½ PIVOT, SIDE, SAILOR SHUFFLE (RIGHT SIDE PASS)

1,2 Traveling FLOD step fwd R, step fwd L to pass man

3&4 Step fwd R, pivot ½ left weight on L (BLOD), step side R

5&6 Cross L behind R, step side R, step side L

Hands: On count 3 bring ladies right/mans left over ladies head

[25-32] Man: CROSS, SIDE, ANGLE BACK, ROCK, REPLACE, TWO SHUFFLE FWD

1&2,3,4 Cross L behind R, step side R, step angle back left on L, rock back R, replace weight fwd L

5&6,7&8 Step fwd R, step L next to R, step fwd R, step fwd L, step R next to L, step fwd L

[25-32] Lady: CROSS, SIDE, FWD, STEP, ½ PIVOT, ½ TURN SHUFFLE, SHUFFLE BACK

1&2,3,4 Cross step R behind L, step side L, step fwd R, step fwd L, pivot ½ right weight on R (FLOD)

5&6 Turn ¼ right stepping side L (OLOD), step R next to L, turn ¼ right stepping back L (BLOD)

7&8 Step back R, step L next to R, step back R

Hands: On count 5 bring ladies right/mans left over ladies head

REPEAT

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