

Cabo San Lucas (卡波聖露卡斯) (zh)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Rep Ghazali (SCO) - 2008年10月
音乐: Cabo San Lucas - Toby Keith : (CD: That Don't Make Me A Bad Guy)



前奏 : 16 count from heavy beat on vocal

第一段 **Left Cross Rock-Recover, Side Shuffle, Right Cross Rock-Recover, ¼ Turn Shuffle** 左交叉下沉回復, 側交換, 右交叉下沉, 1/2轉交換

1-2 cross rock Left over Right, recover on Right
交叉下沉 左足於右足前交叉下沉, 右足回復
回復

3&4 step Left to Left side, step Right together, step Left to Left side
左追步 左足左踏, 右足併踏, 左足左踏

5-6 cross rock Right over Left, recover on Left
交叉下沉 右足於左足前交叉下沉, 左足回復
回復

7&8 ¼ turn Right by stepping forward on Right, step Left together, step forward Right 右轉90度右足前
90轉交換 踏, 左足併踏, 右足前踏

第二段 **Step-½ Pivot, Rocking Chair, Shuffle Forward Left**
踏轉1/2, 搖椅步, 左前交換

1-2 踏 轉 step forward Left, ½ pivot turn Right 左足前踏, 右轉180度

3-4 rock forward Left, recover on Right 左足前下沉, 右足回復
rocking

5-6 chair rock back Left, recover on Right 左足後下沉, 右足回復

7&8 前交 step forward Left, step Right together, step forward Left
換 左足前踏, 右足併踏, 左足前踏

第三段 **Right Rock Forward-Recover, Shuffle ½ Turn, Skate Left-Right, Shuffle Forward** 右下沉回復, 1/2
轉交換, 左-右滑冰, 前交換

1-2 下沉 rock forward Right, recover on Left 右足前下沉, 左足回復
回復

3&4 轉交 ½ turn Right stepping forward on Right, step Left together, step forward Right 右轉180度右足前踏,
換 左足併踏, 右足前踏

5-6 skate Left, skate Right 左滑冰步, 右滑冰步
skate
skate

7&8 前交 step forward Left, step Right together, step forward Left
換 左足前踏, 右足併踏, 左足前踏

第四段 **Step-½ Pivot, Shuffle Forward, Cross-Back, Sway-Sway**
踏轉1/2, 前交換, 交叉後, 擺臀擺臀

1-2 踏 轉 step forward Right, ½ pivot Left 右足前踏, 左轉180度

3&4 前交 step forward on Right, step Left together, step forward Right
換 右足前踏, 左足併踏, 右足前踏

5-6 交叉 cross Left over Right, step back Right
後 左足於右足前交叉踏, 右足後踏

7-8 sway sway Left to Left side, sway Right to Right side
sway 左擺臀, 右擺臀
