

Silver Lining

拍数: 96 墙数: 4 级数: Phrased Improver
编舞者: Peter Stang (DE) - August 2015
音乐: My Silver Lining - First Aid Kit



Starts after 16 counts

Seq: (A), A, A, Tag, B, C, A, 2xTag, B, C, C, Tag, 3xTag (Make a ¼ Step turn to L instead of Kickball Change)
(A) = A from count 17 to 32

Part A – 32 counts

A[1- 8] □ 2x Walk (RF, LF), Kickball Change, Sync. Weave

1, 2 Walk RF forward, Walk LF forward
3&4 Kick RF forward, RF next to LF, Step LF in place
5, 6 Cross RF over LF, Step LF to L
7&8 Cross RF behind LF, Step LF to L, Cross RF over LF

A[9–16] □ Side rock, Cross Shuffle, Side Rock, Sailor Turn (1/4)

1, 2 Step LF to L, Recover to R
3&4 Cross LF over RF, Step RF to R, Cross LF over RF
5, 6 Step RF to R, Recover to L
7&8 Cross RF behind, make ¼ turn, Step LF to L, Step RF forward

A[17–24] 2x Walk (LF, RF), Kickball Change, Sync. Weave

1, 2 Walk LF forward, Walk RF forward
3&4 Kick LF forward, LF next to RF, Step RF in place
5, 6 Cross LF over RF, Step RF to R
7&8 Cross LF behind RF, Step RF to R, Cross LF over RF

A[25–32] Side Rock, Cross Shuffle, Side Rock, Behind Side Turn (1/4)

1, 2 Step RF to R, Recover to L
3&4 Cross RF over LF, Step LF to L, Cross RF over LF
5, 6 Step LF to L, Recover to R
7&8 Cross LF behind R, Step RF to R, Turn ¼ to R, Step LF forward

Part B – 32 counts

B[1–8] □ Lock Shuffle, Rock Step, Lock Shuffle Back, Back Rock

1&2 Step RF forward, Step LF behind RF, Step RF forward
3, 4 Step LF forward, Recover back to RF
5&6 Step LF back, Cross RF over LF, Step LF back
7, 8 Step RF back, Recover back to LF

B[9–16] □ Lock shuffle, Step Turn ½, Lock shuffle, Rock Step □

1&2 Step RF forward, Step LF behind RF, Step RF forward
3, 4 Step LF forward, Turn ½ to R
5&6 Step LF forward, Step RF behind LF, Step LF forward
7, 8 Step RF forward, Recover back to LF

B[17–24] □ Lock Shuffle Back, Back Rock, Lock Shuffle, Step Turn ½

1&2 Step RF backwards, Cross LF over RF, Step RF backwards
3, 4 Step LF backwards, Recover to RF
5&6 Step LF forward, RF behind LF, Step LF forward
7, 8 Step RF forward, Turn ½ to L

B[25–32] □ Samba Rock R, Hold, Samba Rock L, Hold

- 1, 2 Cross RF over LF, Recover to LF
- 3, 4 Step RF to R, Hold
- 5, 6 Cross LF over RF, Recover to RF
- 7, 8 Step LF to L, Hold

Part C – 32 counts**C[1– 8] □ Side Step (4x), Triple Turn, Touch**

- 1, 2 Step RF to R, Step LF next to R
- 3, 4 Step RF to R, Step LF next to R
- 5, 6 Step RF forward turn $\frac{1}{4}$ to R, Turn $\frac{1}{2}$ to R while stepping LF backward
- 7, 8 Step RF to R while turning $\frac{1}{4}$ to R, Touch LF next to RF

C[9–16] Triple Turn, Touch, Rock Step, Coaster Step

- 1, 2 Step LF forward turn $\frac{1}{4}$ to L, Turn $\frac{1}{2}$ to L while stepping RF backward
- 3, 4 Step LF to L while turning $\frac{1}{4}$ to L, Touch RF next to LF
- 5, 6 Step RF forward, Recover to LF
- 7&8 Step RF backwards, Step LF next to RF, Step RF forward

C[17–24] Side Step (4x), Triple Turn, Touch

- 1, 2 Step LF to L, Step RF next to L
- 3, 4 Step LF to L, Step RF next to L
- 5, 6 Step LF forward turn $\frac{1}{4}$ to L, Turn $\frac{1}{2}$ to L while stepping RF backward
- 7, 8 Step LF to L while turning $\frac{1}{4}$ to L, Touch RF next to LF

C[25–32] Triple Turn, Touch, Rock Step, Coaster Step

- 1, 2 Step RF forward turn $\frac{1}{4}$ to R, Turn $\frac{1}{2}$ to R while stepping LF backward
- 3, 4 Step RF to R while turning $\frac{1}{4}$ to R, Touch LF next to RF
- 5, 6 Step LF forward, recover to RF
- 7&8 Step LF backwards, Step RF next to LF, Step LF forward

Tag**[1– 8] □ Jazz Triangle, 2x Walk (R, L), Kickball Change**

- 1, 2 Cross RF over LF, Step LF back
 - 3, 4 Step RF to R, Close LF to RF
 - 5, 6 Step RF forward, Step LF forward
 - 7&8 Kick RF forward, RF next to LF, Step LF in place
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