

# Chica Boom Boom (心跳碰碰) (zh)

COPPER KNOB  
STYLEDANCE

拍数: 32      墙数: 4      级数: Improver  
编舞者: Vikki Morris (UK) - 2009年06月  
音乐: Boom Boom Goes My Heart - Alex Swings Oscar Sings! : (CD: Heart 4 Sale)



前奏 : Start on the word "heart"-32 counts in

## 第一段 Right Side Shuffle, Rock Recover, Left Rocking Chair 右交换, 下沉回復, 搖椅步

- 1&2 Step right to right side, left next to right, step right to right side  
右足右踏, 左足併踏, 右足右踏
- 3-4 Rock back left, recover weight on right 左足後下沉, 右足回復
- 5-8 Rock forward with left, recover weight on right, rock back with left, recover weight on right 左足前下沉, 右足回復, 左足後下沉, 右足回復

## 第二段 Left Side Shuffle, Rock Recover, Right Toe Strut, Left Toe Strut 左交换, 下沉回復, 右趾踵, 左趾踵

- 1&2 Step left to left side, step right next to left, step left to left side. 左足左踏, 右足併踏, 左足左踏
- 3-4 Rock back right, recover weight on left. 右足後下沉, 左足回復
- 5-6 Cross right toe slightly in front and across left, slap heel down as you click your fingers 右足趾略於左足前交叉點, 右足踵踏彈雙指
- 7-8 Cross left toe slightly in front and across right, slap heel down as you click your fingers 左足趾略於右足前交叉點, 左足踵踏彈雙指

## 第三段 Right Jazz Box, Scuff, Left Jazz Box 1/4 Turn Left 右爵士方塊帶擦踢, 左轉1/4爵士方塊帶點

- 1-4 Cross right over left, step back left, side right to right side, scuff left across right  
右足於左足前交叉踏, 左足後踏, 右足右踏, 左足於右足前擦踢
- 5-8 Cross left over right, step back with right, turn ¼ turn to left with left, touch right next to left. (9 O'Clock)  
左足於左足前交叉踏, 右足後踏, 左轉90度左足踏, 右足併點(面向9點鐘)

## 第四段 Jazz Jump Forward And Back, Hip Bumps 爵士前後跳, 推臀

- &1-2 (&)Step right foot slightly forward and out, (1)step left foot slightly forwards, (2)clap hands 右足略斜前踏, 左足略前踏, 拍手
- &3-4 (&)Step right foot slightly back and out, (3)step left foot slightly back and out, (4)clap hands. 右足略斜後踏, 左足略斜後踏, 拍手
- 5-8 Bumps hips right, left, right, left. 推臀 - 右, 左, 右, 左