

Soul Cha

拍数: 32 墙数: 4 级数: Improver
编舞者: Bastiaan van Leeuwen (DE) - August 2015
音乐: Dance With Me - Michael Bolton : (iTunes)



Intro: 32 counts

Cross over, side, together, side shuffle ¼ turn R, step forward, pivot ½ turn R, ¼ turn R, side shuffle,

1- 3 Cross L over R, step R to right, close L beside R, (use Cuban hips on counts 2-3)
4&5 Step R to right side, close L beside R, ¼ turn right stepping R forward (03:00)
6- 7 Step L forward, pivot ½ turn right (09:00)
8&1 Step L with ¼ turn right to left side, close R beside L, step L to left side (12:00)

Cross back, side, lockstep forward, rock forward, recover with sweep ¼ turn left, sailor step with sway,

2- 3 Cross R behind L, step L to left side,
4&5 Step R forward, lock L behind R, step R forward,
6- 7 Rock L forward, recover onto R & sweep L from front to back with ¼ turn left (09:00)
8&1 Cross L behind R, step R next to L, step L to left side and sway hips left,

Sway, recover ¼ turn L with sway, side shuffle, cross over, side, Sailor step ¼ turn L,

2- 3 Sway hips right, recover onto L with ¼ turn left and sway hips left (06:00),
4&5 Step R to right side, close L beside R, step R to right side,
6- 7 Cross L over R, Step R to right side,
8&1 Cross L behind R with ¼ turn L, step R beside L, step L slightly forward (03:00)

Full turn L, shuffle forward, rock forward, recover, coaster.

2- 3 ½ turn left stepping R back, ½ turn left stepping L forward,
4&5 Step R forward, close L beside R, step R forward,
6- 7 Rock L forward, recover onto R,
8& Step L back, step R beside L.

RESTART: After counts 16& (sailor) during wall 2 (12:00) and wall 6 (06:00)