

Knock Knock

拍数: 48 墙数: 2 级数: Beginner
编舞者: Don Pascual (FR) - August 2015
音乐: Knock Knock Rattle - Rex Allen



Start on the word « You » (after 16 counts from the first upbeat)

Section 1: Vine to the R, together, swivels

1-4 Step R to the R, cross L behind R, step R to the R, L beside R
5-8 Swivel both heels to the R, to the L, to the R, return to center.

Section 2: Vine to the L, together, swivels

1-4 Step L to the L, cross R behind L, step L to the L, R beside L
5-8 Swivel both heels to the R, to the L, to the R, return to center.

Section 3: (Step, hop + clap) x 3 making a full turn to the R , step, hop + clap fwd Making a full turn to the right on the counts 1 to 6 :

1-2 Step R forward, hop on ball of R foot (hitching L) + clap
3-4 Step L forward, hop on ball of L foot (hitching R) + clap
5-6 Step R forward, hop on ball of R foot (hitching L) + clap
7-8 Step L forward, hop on ball of L foot (hitching R) + clap

Section 4: Step lock step R fwd, scuff, step lock step L fwd, scuff

1-4 (R diagonal) Step R fwd, cross L behind R, step R fwd, scuff L
5-8 (L diagonal) Step L fwd, cross R behind L, step L fwd, scuff R

Section 5: (Step R fwd, hook L + slap behind R, step L backward, hook R + slap) x 2

1-4 Step R forward, hook L + slap behind R, step L backward, hook R across L shin + slap
5-8 Step R forward, hook L + slap behind R, step L backward, hook R across L shin + slap

Section 6: Syncopated jump out, hold + clap, syncopated jump in, hold + clap, step R fwd, heel bounce x3 making a L ½ T

&1-2 Syncopated jump out (R, L, shoulders width), hold + clap,
&3-4 Syncopated jump in (R, L, ending L beside R weight on L), hold + clap
5-8 Step R fwd, lift and drop both heels x3 making a L ½ T

Have fun with this dance...

Contact: countryscal@orange.fr