

Seiklus

COPPER KNOB
STEPSHEETS

拍数: 96 墙数: 4 级数: Phrased Intermediate
编舞者: Eve Laheesoo - August 2015
音乐: "seiklus" by Liina Tsimmer.



Dance Pattern: AA TAG BB TAG AA TAG BB TAG C TAG BB
Intro 32 counts, begin on lyrics

Part A : Count: 32

A1: RUMBA BOX WITH TOUCHES

1 2 3 4 RF step to right side, LF step next to RF , RF step forward, LF touch next to RF
5 6 7 8 LF step to left side, RF step next to LF, LF step back, RF touch next to LF

A2: 1/4 TURN R STEPPING SIDE L TOUCH, 1/4 TURN L FWD, TOUCH, ROLLING VINE, TOUCH

1 2 make 1/4 turn right stepping RF to right side, touch LF to left side
3 4 make 1/4 turn left stepping LF forward, touch RF next to left
5 6 7 8 Make 1/4 turn right stepping right forward, make 1/2 turn right stepping left back, make 1/4 turn right stepping right to right side, touch left toe beside right

A3: TOE TOUCHES AND FLICKES, GRAPEVINE LEFT WITH 1/4 TURN LEFT

1 2 touch left toe diagonally forward left and diagonally right
3 4 flick LF back to left and right
5 6 7 8 Step LF to left side, cross RF behind left, make 1/4 turn left stepping forward on LF, brush RF next to left

A4: JAZZ BOX WITH TOUCH, ROLLING VINE , TOUCH

1 2 Cross RF over left, step back on left
3 4 step right to right, touch LF to left side
5 6 7 8 Make 1/4 turn left stepping left forward, make 1/2 turn left stepping right back, make 1/4 turn left stepping left to left side, touch right toe beside left

Part B: Count: 32

B1: WALK FORWARD, HITCH, WALK BACK, TOUCH,

1 2 3 4 Walk forward R,L,R, hitch L knee
5 6 7 8 Walk back L,R,L, touch right next to left

B2: 1/4 TURN STEP, TOUCH, 1/4 TURN STEP, TOUCH, 1/2 TURN STEP, TOUCH, 1/4 TURN STEP, TOUCH

1 2 make 1/4 turn right stepping RF little step to right side, touch LF next to right
3 4 make 1/4 turn left stepping LF little step forward, touch RF next to left
5 6 make 1/2 turn right stepping little step to right side, touch LF next to right
7 8 make 1/4 turn left stepping LF little step forward, touch RF next to left

B3: OUT OUT IN IN, 1/2 PIVOT TURN, ROCK FORWARD

1 2 3 4 RF step diagonally right forward, LF step side, RF step back to center, LF step beside
5 6 RF step forward, make 1/2 turn left
7 8 RF rock forward, LF recover

B4: WALK BACK, TOUCH, BIG STEP FORWARD

1 2 3 4 Walk back R,L,R, touch left next to right
5 6 7 8 LF long step forward, drag RF next to left

Part C: Count: 32

C1: 2x LONG SIDE STEP AND ROCK BACK

- 1 RF long step to right side
- 2 RF drag LF towards RF
- 3 LF rock back
- 4 RF recover
- 5 LF long step to left side
- 6 LF drag RF towards LF
- 7 RF rock back
- 8 LF recover

C2: SIDE SWITCHES, 1/2 PIVOT TURN

- 1 2 Touch right toe to side, tep right together
- 3 4 Touch left toe to side, step left together
- 5 6 RF step forward
- 7 8 LF 1/2 turn left

C3: TOE TOUCHES, TURN 1/4 LEFT, TOE TOUCHES, TURN 1/4 LEFT

- 1 touch right toe forward, step right together
- 2 touch left toe forward, step left together
- 3 4 RF step forward, turn 1/4 left
- 5 touch right toe forward, step right together
- 6 touch left toe forward, step left together
- 7 8 RF step forward, turn 1/4 left

C4: ROCKING CHAIR, STEP BACK, TOE TOUCH BACK AND 1/2 TURN

- 1 RF rock back,
- 2 LF recover
- 3 RF rock forward,
- 4 LF recover
- 5 RF step back
- 6 LF touch toe back
- 7 8 turn 1/2 left on LF

TAG: There is 4-count TAG after 2th, 4th, 6th, 8th, 9th walls

- 1 RF step to right side
- 2 LF touch next to right
- 3 LF step to left side
- 4 RF touch next to left

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