

# Body on Me

拍数: 48      墙数: 4      级数: Intermediate  
编舞者: Matthew Grocott (UK) - August 2015  
音乐: Body on Me (feat. Chris Brown) - Rita Ora



Start on: 'Baby let's cut down'

**S1: Rock Out , Recover , Crossing Shuffle , Rock Out , Recover , Behind - Side - Cross**

1-2            Rock out to right side , Recover on left  
3&4            Cross right over left , Step left slightly to left side , Cross right over left  
5-6            Rock out to left side , Recover on right  
7&8            Step left behind right , Step right to right side , Cross left over right

**Restart: During wall 3 Start dance again at this point (facing 6:00)**

**S2: 1/4 Syncopated Monterey Turn , Step 1/2 Step , Reverse Turn , Shuffle 1/2 Turn , Kick - Ball - Point**

1&2&            Point right to right side , Making 1/4 turn right stepping left next to right (3:00) , Point left to left side , Step left next to right  
3&4            Step forward on right , Pivot 1/2 turn left , Step forward on right (9:00)  
5                Making 1/2 turn right , Stepping back on left (3:00)  
6&7            Shuffle step 1/2 turn right , Stepping right , left , right (9:00)  
8&1            Kick left foot forward , On ball left next to right , Point right to right side

**S3: Sailor Step , Cross - Rock , Side - Flick , Side , Hold ,**

2&3            Step right behind left , Step right next to left , Step right to right side  
4&5            Cross left over right , Recover back on right , Step left to left side  
6                Flick right behind left  
7-8            Step right to right side , Hold

**S4: Cross - Side , Salior 1/4 turn , Shuffle Forward , Toe Switches**

1-2            Cross left over right , Step right to right side  
3&4            Step left behind right , Making 1/4 turn left Stepping right next to left , Step left to left side (6:00)  
5&6            Step Forward on right , Step left next to right , Step forward on right  
7&8            Point left to left side , Step left next to right , Point right to right side

**S5: Coaster Step , Chasse , Kick - Ball - Cross , Side , Hold ,**

1&2            Step back on right , Step left next to right , Step forward on right  
3&4            Step left to left side , Step right next to left , Step left to left side  
5&6            Kick right slightly diagonal , On ball of right next left , Cross left over right  
7-8            Step right to right side , Hold

**S6: Behind - Side - Cross , 3/4 Turn Walk Round , Rock , Recover , Shuffle 1/2 Turn**

1&2            Step left behind right , Step right to right side , Cross left over right  
3-5            Walk round - right , left , right - completing 3/4 right (3:00)  
6&            Rock forward on left , Recover back on right  
7&8            Shuffle step 1/2 turn left , Stepping left , right , left (9:00)

**Start Dance Again:**

**Tag: 4 Count Tag End of wall 1 (9:00) And End of Wall 4 (3:00)**

1-4            Side Rock , Recover , Back Rock , Recover  
1-2            Rock right to right side , Recover on left  
3-4            Rock back on right , Recover on left

