West Virginia



拍数: 32 墙数: 4 级数: Beginner

编舞者: Micaela Svensson Erlandsson (SWE) - August 2015

音乐: Country Road - Christina Lindberg



Intro 4 counts after music starts.

Section 1: Forward Mambo. Back Shuffle. Coaster Step. Forward Shuffle.

1&2	Rock forward on right. Recover onto left. Step back on right.
3&4	Step back on left. Close right beside left. Step back on left.
5&6	Step back on right. Step left beside right. Step forward on right
7&8	Step forward on left. Close right beside left. Step forward on left.

Section 2: Step. 1/4 Turn left. Kick Ball Step. Heel Switches. Swivel.

1-2 Step forward on right. Turn 1/4 left.

3&4 Kick right forward. Step right in place. Step forward on left.

Put right heel forward. Step right beside left. Put left heel forward. Step left beside right.

Step forward diagonally right. Swivel both heels to the right with weight on balls. Return to

centre.

Section 3: Right Chasse. Back Rock. Left Chasse. Back Rock.

1&2	Step right to right.	Close left beside	right. Ster	o riaht to riaht.

3-4 Rock back on left. Recover onto right.

Step left to left. Close right beside left. Step left to left.

7-8 Rock back on right. Recover onto left.

Section 4: Heel. Flick. Heel. Hook. Forward Shuffle. Heel. Flick. Heel. Hook. Forward Shuffle.

1& Put right heel forward. Flick right foot back.2& Put right heel forward. Hook right foot over left.

3&4 Step forward on right. Close left beside right. Step forward on right.

5& Put left heel forward. flick left foot back.6& Put left heel forward. Hook left foot over right.

7&8 Step forward on left. Close right beside left. Step forward on left.

EndingAt the end of the dance, on wall 7, facing back wall, replace the 1/4 turn left, in section 2, with 1/2 turn left to face the front wall and sway until the end.

Last Update - 29th Aug 2015