

Solitary Man

COPPER KNOB
STEPSHEETS

拍数: 60 墙数: 4 级数: Improver / Intermediate
编舞者: Annemaree Sleeth (AUS) - September 2015
音乐: Solitary Man - Neil Diamond : (Album: All Time Greatest Hits. - iTunes - 2:32)



Intro: 16 counts in 7 seconds 2 Beats Before Belinda. Dance Moves CW

Sec 1: [1 – 8] □ SIDE TOE STRUT, CROSS TOE STRUT, SIDE TOE STRUT, BACK RECOVER

1 – 4 Touch R Toe Side, Drop R Heel, Cross L Toe Over R, Drop L Heel
5 – 8 Touch R Toe Side, Drop R Heel, Rock L Back Behind R, Recover R

Sec 2: [9 – 16] □ SIDE TOE STRUT , CROSS TOE STRUT , SIDE, HOLD, MODIFIED SAILOR 14/R

1 – 4 Touch L Toe Side, Drop L Heel, Cross R Toe Over L, Drop R Heel
5 – 8 Step L Side, , Sweep 1/4 R Step R Back, Step L Together (3.00)

Sec 3: [17 – 24] □ STEP , LOCK , STEP, HITCH ¼ R STEP, LOCK, STEP, BRUSH

1 – 4 Step R Forward, Cross L Behind R, Step R Forward, Turning ¼ R Hitch L over R
5 – 8 Step L Forward, Cross R Behind L, Step L Forward, Brush R Forward (6.00)

Sec 4: [25 – 32] □ FWD MAMBO, SWEEP, BACK, SWEEP, BACK, HOLD

1 – 4 Rock R Forward, Recover R, Step R Back , Sweep L outside,
5 – 8 Step L Back, Sweep R outside, Step R Back, Hold

Sec 5: [33 – 40] □ L COASTER, TOUCH, RIGHT , TOGETHER, FORWARD, TOUCH * Ending

1 – 4 Step L Back, Step R Together, Step L Forward, Touch R Together
5 – 8 Step R Side, Step L Together, Step R Forward, Touch L Together *

**Ending Add Step L Fwd, ¼ Pivot R Cross, and add 3 Side Recover Cross's
Option You can chose to take out the touches in this dance**

Sec 6: [41 - 48] LEFT, TOGETHER, BACK, TOUCH, RIGHT ,TOGETHER, BACK , TOUCH

1 – 4 Step L Side, Step R Together, Step L Back, Touch R Together
5 – 8 Step R Side, Step L Together, Step R Back, Touch L Together

Sec 7: [49– 56] □ LEFT, TOGETHER, FORWARD, HOLD, STEP, ¼ PIVOT, CROSS , HOLD ,

1 – 4 Step L Side, Step R Together Step L Forward, Hold
5 – 8 Step R Forward, ¼ pivot L, Cross R Over L, Hold (3.00)

Sec 8: [57 – 60] SIDE, RECOVER, CROSS, HOLD ,

1 – 4 Rock L Side, Recover R, Cross L Over R, Hold

TAG 8 COUNTS - End of walls 1,3, 5

SIDE, RECOVER, CROSS, HOLD, SIDE, RECOVER , CROSS, BRUSH

1 – 4 Rock L Side, Recover R, Cross L Over R,
5 – 8 Rock R Side, Recover L, Cross R Over L, Brush

Wall 1 Starts at 12.00 Tag Faces f 3.00

Wall 3 Starts at 6.00 Tag Faces f 9.00

Wall 5 Starts at 12.00 Tag Faces f 3.00

**ENDING 16 COUNTS Facing 9 .00 To End To Face Front Dance 39 Change count 40 to Brush L Forward
Then add**

1 – 4 Step L Forward, Pivot ¼ R, Cross L Over Right, Hold
5 – 8 Rock R Side, Recover L, Cross R Over L Hold
1 – 4 Rock L Side, Recover R, Cross L Over R, Hold

5 – 8

Rock R Side, Recover L, Cross R Over L & Pose

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