

Glitter – Ball

拍数: 64 墙数: 4 级数: Improver
编舞者: Diane Blairs (UK) - August 2015
音乐: Glitterball (feat. Ella Henderson) - Sigma : (Album: Sigma)



Start on Vocal: (Standing Here)

S1: CROSS, SIDE, BEHIND, SWEEP, BEHIND, SIDE, TOUCH, HOLD.

1-2-3-4 Cross right over left, step left to left side, step right Behind left, sweep left to left side
5-6-7-8 Step left behind right, step right to right side, touch Left beside right, Hold.

S2: CROSS, SIDE, BEHIND SWEEP, BEHIND, SIDE, TOUCH, HOLD.

1-2-3-4 Cross left over right, step right to right side, step Left behind right, sweep right to right side,
5-6-7-8 Step right behind left, step left to left side, touch right to Left, Hold

S3: RIGHT BACK LOCK, HOLD, LEFT SAILOR, HOLD.

1-2-3-4 Step back on right, cross left over right, step back on Right, Hold
5-6-7-8 Step left behind right, small step right to right side Step left to left side. Hold.

S4: FWD RIGHT LOCK, HOLD, FULL TRIPLE RIGHT, HOLD.

1-2-3-4 Step fwd on right, step left behind right, step fwd on right, Hold
5-6-7-8 Full triple right, stepping, (LRL)Hold.

S5: CROSS, SIDE, BEHIND, L 1/4 SWEEP LEFT SAILOR, HOLD.

1-2-3-4 Cross right over left, step left to left side, step right Behind left, left 1/4 sweep left to left side
5-6-7-8 Cross left behind right, small step right to right side, Step left to left side, Hold

S6: BEHIND, SIDE, CROSS, HOLD, LEFT CROSS SHUFFLE, HOLD.

1-2-3-4 Step right behind left, step left to left side, cross right over Left. Hold
5-6-7-8 Cross left over right, step right to right side, cross left Over right, Hold

S7: CROSS, SIDE, BEHIND, L 1/4 TURN SWEEP LEFT SAILOR, HOLD.

1-2-3-4 Cross right over left step left to left side, step right Behind left, 1/4 sweep left to left side,
5-6-7-8 Step left behind right, small step to right side, step left To left side Hold.

S8: BEHIND, SIDE, CROSS, HOLD, L BEHIND, 1/4 TURN R, STEP FWD LEFT, HOLD

1-2-3-4 step right behind left, step right to right side, cross right Over left, Hold
5-6-7-8 step left behind right, 1/4 turn right, step fwd on left, Hold.

(No Tags No Restarts)