

Better Than You Left Me

COPPER KNOB
BY STEPHENETS

拍数: 60 墙数: 4 级数: Intermediate waltz
编舞者: Martine Canonne (FR) - August 2015
音乐: Better Than You Left Me - Mickey Guyton



Start : 6 x 6 temps

[1 – 6] □ BASIC WALTZ ¼ TURN LEFT, BASIC WALTZ BACK R

1 – 3 Step left forward, ¼ turn left and step right to side, step left next to right (09 :00)
4 – 6 Step back right, step left next to right, replace weight on right

[7 – 12] □ STEP L FWD, SWEEP R (X2), STEP R FWD, SWEEP L (X2)

1 – 3 Step left forward, sweep right on 2 counts
4 – 6 Step right forward, sweep left on 2 counts

[13 – 18] CROSS L, PIVOT ¼ T L, PIVOT ½ T L, STEP TURN STEP

1 – 3 Left cross over right, ¼ turn left and step right back, ½ turn left and step left forward
4 – 6 Step right forward, ½ turn left, step right forward (06:00)

[19 - 24] STEP L, DEVELOP R, COASTER STEP

1 – 3 Step left forward, develop right on 2 counts
4 – 6 Step right back, step left next to right, step right forward

*** Restart – Wall 3**

[25 – 30] BASIC WALTZ ½ TURN L X2

1 – 3 Step left forward, make ½ turn left and step right back, step left back
4 – 6 Step right back, make ½ turn left and step left forward, step right forward

[31 – 36] STEP L, PENCIL ½ TURN L, TOUCH R, BACK R, TOUCH SIDE L, HOLD

1 – 3 Step left forward, ½ turn left with a circular movement with the right toe from the back to the front, finish with right touch next to left (12 :00)
4 – 6 Step right back, point left to left side, hold

[37 – 4]2 BACK L, TOUCH SIDE R, HOLD, BEHIND R, SIDE L, CROSS R OVER L

1 – 3 Step back left, point right to right side, hold
4 – 6 Step back right, step left to left side, cross right over left

[43 – 48] STEP L TO L, DRAG R, ROLLING VINE R

1 – 3 Make long step to left, drag right to left on 2 counts
4 – 6 ¼ turn right and step right forward, ½ turn right and step back left, ¼ turn right and step right to side

[49 – 54] ½ DIAMOND R

1 – 3 make 1/8 turn right and step left forward (01 :30), step right forward, make 1/8 turn right and step left □to side (03 :00)
4 – 6 make 1/8 turn right and step back right (04 :30), step back left, make 1/8 turn right and step right to □side (06 :00)

[55 – 60] FULL TWIST TURN RONDE R, BEHIND, ¼ TURN LEFT, STEP R FWD

1 – 3 Cross left over right, weight on left make full turn right with sweep right
4 – 6 Cross right behind left, ¼ turn left and step left forward, step right forward (03 :00)

FINAL : Dance until 18th count then point back left, ½ turn left and stop (12:00)

Contact: <http://danseavecmartineherve.fr/>□

Last Update - 16th Sept 2015
