Happy Cha Cha



编舞者: Melvin Tan (MY) - May 2015

音乐: Huan Xi Lai Qia Qia by Golden Four (Music Edited)



Dance Start from beginning.

Sequence: Intro, A1, A2, B, A1, C, A2, B, A1, C, TAG, A1, ENDING

Intro (16 counts)

Section I1: □R Hip Bump 8x (Point Right Finger to diagonal R)

12345678 Bump Hip to Right 8 times (Point Right Finger to diagonal R)

Section I2:□L Hip Bump 8x (Point Left Finger to diagonal L)

12345678 Bump Hip to Left 8 times (Point Left Finger to diagonal L)

PART A1 (32 counts)

Section A1-1: □Step on R, hold with Hand Movement

1 2 3 4 Step on R, hold.....with Right hand palm up (12:00)

5 6 7 8 Twist Right knee/body a bit left, with point right finger to diagonal right

Section A1-2: □Forward Shuffle, Back Shuffle

| 1 & 2 | Forward shuffle RF, LF, RF |
|-------|----------------------------|
| 3 & 4 | Forward shuffle LF, RF, Lf |
| 5 & 6 | Back shuffle RF, LF, RF |
| 7 & 8 | Back shuffle LF, RF, LF |

Section A1-3: ☐ Step on Spot with Hand Movement

| 1234 | Step on spot RF, LF, RF, LF (swing both hand R,L,R,I | ١ ١ |
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5 6 7 8 Step on spot RF, LF, RF, LF

(R hand out, L hand out, tap R hand on left shoulder, tap L hand on Left shoulder)

Section A1-4: ☐ Step on Spot with Hand Movement

1 2 3 4 Step on spot RF, LF, RF, LF (swing both hand R,L,R,L)

5 6 7 8 Step on spot RF, LF, RF, LF (shimmy)

PART A2 (28 counts)

Section A2-1: □Step on R, hold with Hand Movement

1 2 3 4 Step on R, hold....with Right hand palm up (12:00)

5 6 7 8 Twist Right knee/body a bit left, put right hand on left shoulder

Section A2-2: □Basic Cha Cha

1 2 3 & 4 Rock RF Back, Recover on LF, Forward Shuffle RF,LF,RF 5 6 7 & 8 Rock LF Forward, Recover on RF, Back shuffle LF,RF,LF

Section A2-3: □Basic Cha Cha, Pivot ½ Turn Shuffle

1 2 3 & 4 Rock RF Back, Recover on LF, Forward Shuffle RF, LF, RF

5 6 7 & 8 Step LF forward, 1/2R Turn, 1/2R Turn Stepping LF back shuffle LF,RF,LF

Section A2-4: ☐ Step on RF, Step on LF

1 2 3 4 Step on RF (weight on RF), hold, Step on LF (change weight on LF), hold

PART B (32 counts)

Section B1: □Walk Back, Out Out, Hip Roll

1 2 3 4 Step RF Back, Step LF Back, Step RF to R, Step LF To Left

Section B2:□Sway Hip to Left, Sway Hip to Right

Sway Hip to Left, Center, Left, Center (turn body a bit to Left)Sway Hip to Right, Center, Right, Center (turn body a bit to Right)

(Hand movement like running posture)

Section B3:□Forward Walk, Out, Out

1 2 3 4 Walk Forward on RF,LF,RF,LF

5 6 7 8 Step RF to Right, Hold, Step LF to LF, Hold

Section B4: □Knee Swivel, Hand movement

1 2 3 4 Bend both knee in, out, in, out,

5 6 Hand Movement: Right hand up to diagonal Right, Left Hand up to Diagonal Left

7 8 Both hands put on Left Chest/Heart, Hold

PART C (32 counts)

Section C1:□Lock Step, Pivot, Pivot, Touch

1 2 3 4 Step RF Forward, Lock LF behind RF, Step RF Forward, Lock LF behind RF

5 6 7 8 ½L Turn Step LF Forward, 1/2L Turn Step RF Back, Step LF Back, Touch RF beside LF

Section C2:□Repeat Section 1

Section C3:□Forward Shuffle, Pivot 1/2 Turn, Forward Shuffle, Mambo Step

1&2 3 4 Forward Shuffle RF, LF, RF, Step LF forward, 1/2R Turn,

5&6 7 8 Forward Shuffle LF,RF,LF, Step RF Forward, Recover on LF, Step RF together.

Section C4: ☐ Side Rock Recover, Triple Step 2x

1 2 3&4 Step RF to R, Recover on LF, Triple Step on RF,LF,RF 5 6 7&8 Step LF to L, Recover on RF, Triple step on LF,RF,LF

Tag (8 counts) Repeat Part C Section 4

Ending (8 counts) – Can be any posture.

Step RF to R with shoulder shimmy, Touch LF behind RF with Pose, Hold Step LF to L with Shoulder Shimmy, Touch RF behind LF with Pose, Hold

ENJOY!

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