

Nomi (2015)

COPPER **KNOB**
BY STEPHEN

拍数: 32 墙数: 2
编舞者: Dirk Leibing (DE) - August 2015
音乐: Shine On - R.I.O.

级数: Absolute Beginner



Intro : 32 counts

Grapevine right, Touch, Hip Bumps

- 1-4 RF Step right(1), LF Step behind RF(2), RF Step right(3), LF touch next to RF(4)
- 5 LF Step left and also left hip bumps to left side(5)
- 6 Weight to RF an right hip bumps to right side(6)
- 7 Weight to LF an left hip bumps to left side(7)
- 8 Weight to RF and right hip bumps to right side(8)

Grapevine left, Touch, Hip Bumps

- 1-4 LF Step left(1), RF Step behind LF(2), LF Step left(3), RF touch next to LF(4)
- 5 RF Step right and also right hip bumps to right side(5)
- 6 Weight to LF and left hip bumps to left side(6)
- 7 Weight to RF an right hip bumps to right side(7)
- 8 Weight to LF an left Hip bumps to left side(8)

Step Touches (back, back, back, forward)

- 1-2 Step RF diagonally right back(1), Touch LF next to RF and Clap(2)
- 3-4 Step LF diagonally left back(3), Touch RF next to LF and Clap(4)
- 5-6 Step RF diagonally right back(5), Touch LF next to RF and Clap(6)
- 7-8 Step LF diagonally left forward, Touch RF next to LF and Clap(8)

Walk around ½ Turn R, Rocking Chair

- 1-4 Walk around ½ Turn right Stepping R-L-R-L(6:00)
- 5-6 Rock RF forward(5), Recover on LF(6)
- 7-8 Rock RF back(7), Recover on LF(8)

Start again

Have Fun

Dirk Leibing - dirk@leibing.de