

# Lay Low

拍数: 32      墙数: 4      级数: Improver  
编舞者: Darren Bailey (UK) - August 2015  
音乐: Lay Low - Josh Turner



Intro: 32 counts

**Side Rock R, Cross Shuffle, 1/4 R x2, Cross Shuffle.**

1-2            Rock Rf to R side, Recover onto Lf  
3&4           Cross Rf over Lf, Step Lf to L side, Cross Rf over Lf  
5-6           Make a 1/4 turn R and step back on Lf, Make a 1/4 turn R and step Rf to R side  
7&8           Cross Lf over Rf, Step Rf to R side, Cross Lf over Rf

**Step R, Touch L, Kick Ball Cross, Side Rock L, Sailor 1/2 L turn with Cross.**

1-2            Step Rf to R side, Touch Lf next o Rf  
3&4           Kick Lf forward (to L diagonal), Step Lf next to Rf, Cross Rf over Lf  
5-6           Rock Lf to L side, Recover onto Rf  
7&8           Cross Lf behind Rf making a 1/4 turn L, Step Rf next to Lf, Make a 1/4 turn L and cross Lf over Rf

(Restart here on wall 4)

**Step R, Lock L, Chasse 1/4 turn R, Pivot 1/2 turn R, 1/2 turning Shuffle R.**

1-2            Step Rf to R side, Lock Lf behind Rf (popping R knee forward)  
3&4           Step Rf to R side, Close Lf next to Rf, make a 1/4 turn R and step forward on RF  
5-6           Step forward on Lf, Make a 1/2 pivot turn R  
7&8           Make a 1/4 turn R and step Lf to L side, Close Rf next to Lf, Make a 1/4 turn R and step back on Lf

**Back x2 with Knee pops, R Coaster Step, Cross Rock L, Scissor step L**

1-2            Step back on Rf poppoing L knee forward, Step back on Lf poppoing R knee forward  
3&4           Step back on Rf, close Lf next to Rf, Step forward on Rf  
5-6           Cross Rock Lf over Rf, Recover onto Rf  
7&8           Step Lf to L side, Close Rf next to Lf, Cross Lf over Rf

**Tag...Before starting wall 10.**

1-4            Click fingers on R hand x4 slowly bringing R hand down to the side.