

Invisible Girl (背後女人) (zh)

COPPER KNOB
STYLEDANCE

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Maggie Gallagher (UK) - 2010年04月
音乐: Invisible Girl - Gabriella Cilmi : (3:33)



前奏 : Intro: 16 Counts (7 secs) 16拍(約7秒)後起跳

第一段 Touch Unwind, Full Turn, Rock Forward, Recover, Left Coaster 後點繞轉, 轉轉, 下沉回復, 海岸步

- 1-2 Touch right toe behind left, Unwind half turn to right (weight on right) [6.00] 右足趾於左足後點, 右繞轉圈(重心在右足)(面向6點鐘)
- 3-4 ½ turn Right stepping back on left, ½ turn right stepping forward right [6.00] 右轉180度左足後踏, 右轉180度右足前踏(面向6點鐘)
- 5-6 Rock forward on left, Recover back on right
左足前下沉, 右足回復
- 7&8 Step back on left, Step right next to left, step left forward
左足後踏, 右足併踏, 左足前踏

第二段 Walk Right, Walk Left, Right Lock Forward, Step Pivot 1/2, Full Turn Right 走, 走, 前鎖步, 踏轉, 轉轉

- 1-2 Walk forward right, Walk forward left
右足前走, 左足前走
- 3&4 Step forward on right, Lock left behind right, Step forward on right
右足前踏, 左足於右足後鎖踏, 右足前踏
- 5-6 Step forward left, ½ pivot turn right [12.00]
左足前踏, 右軸轉180度(面向12點鐘)
- 7-8 ½ turn right stepping back on left, ½ right stepping forward on right [12.00] 右轉180度左足後踏, 右轉180度右足前踏(面向12點鐘)
Easy option Walk left, Walk right 簡易版 : 走步-左, 右

第三段 Side Left With Drag, & Cross Side, & Point, Hold, & Point & Touch 左帶拖, &交叉側, &點, 候, &點&點

- 1-2 Big step to left side dragging right to meet left
左足左一大步, 右足拖併
- &3-4 On ball of right foot step right next to left, Cross left over right, Step to right side 右足併踏, 左足於右足前交叉踏, 右足右踏
- &5-6 Step left next to right, Point right to right side, HOLD
左足併踏, 右足右點, 候
- &7&8 step right next to left, Point left to left side, Step left next to right, Touch right next to left
右足併踏, 左足左點, 左足併踏, 右足併點

第四段 (&) Touch, Hold, & Heel, Hold, & Cross, ¼ Back, Chasse Left &點, 候, &踵, 候, &交叉, 1/4後, 左追步

- &1-2 Step back on right touch left next to right, HOLD
右足後踏, 左足併點, 候
- &3-4 Step back on left, Tap right heel forward on right diagonal, HOLD
左足後踏, 右足踵斜角前點, 候
- &5-6 Step right next to left, Cross left over right, ¼ turn to left stepping back on right [9.00]
右足併踏, 左足於右足交叉踏, 左轉90度右足後踏(面向9點鐘)
- 7&8 Step left to left side, Step right next to left, Step left to left side 左足左踏, 右足併踏, 左足左踏

第五段 Cross Side, Right Sailor, Cross ¼ Back, Shuffle Back Left 交叉側踏, 水手步, 交叉 1/4後, 後交換

- 1-2 Cross right over left, Step to left side
右足於左足前交叉踏, 左足左踏
- 3&4 Cross right behind left, Step left in place, Step right in place
右足於左足後交叉踏, 左足踏, 右足踏
- 5-6 Cross left over right, ¼ turn left stepping back on right [6.00]
左足於右足前交叉踏, 左轉90度右足後踏(面向6點鐘)
- 7&8 Step back on left, Step right next to left, Step back on left
左足後踏, 右足併踏, 左足後踏

第六段 Rock Back, Recover Sexy Walks, Right Kick Ball Change X2 (Travelling Forward) 後下沉 回復, 交叉走步, 踢併踏二次(往前移)

- 1-2 Rock back on right, Recover on left 右足後下沉, 左足回復
- 3-4 Sexy Walks forward right - left 交叉走步-右, 左
- 5&6 Kick right forward, Place right next to left, Step left forward
右足前踢, 右足併踏, 左足前踏
- 7&8 Kick right forward, Place right next to left, Step left forward
右足前踢, 右足併踏, 左足前踏

**第七段 ½ Monterey Right, ¼ Monterey Left Cross
蒙特瑞右1/2, 蒙特瑞1/4交叉**

- 1-2 Point right to right side, ½ Monterey turn right stepping right next to left [12.00] 右足右點, 蒙特瑞右轉180度右足併踏(面向12點鐘)
- 3-4 Point left to side, Step left next to right
左足左點, 左足併踏
- 5-6 Point right to right side, ¼ Monterey turn right stepping right next to left [3.00] 右足右點, 蒙特瑞右轉90度右足併踏(面向3點鐘)
- 7-8 Point left to left side, Cross Left over right
左足左點, 左足於右足前交叉踏

**第八段 Side Right, Hold, & Cross, Hold, Out Out Cross, Rock Recover
右, 候, 併交叉, 候, 大大交叉, 右下沉 回復**

- 1-2 Step right to right side, HOLD 右足右踏, 候
- &3-4 Step left next to right, Cross right over left, HOLD
左足併踏, 右足於左足前交叉踏, 候
- &5-6 Step out left out to left side, Step out right to right side, Cross left over right 左足左踏, 右足右踏, 左足於左足前交叉踏
- 7-8 Rock to right side, Recover on left
右足右下沉, 左足回復

TAG: 16 counts at END of Wall 2 [6.00]

加拍:第二面牆結束面向6點鐘

Walk Around Full Turn Left 左走步繞圈

- 1-2 Step right across left making ¼ turn left
右足於左足前交叉踏, 左轉90度
- 3-4 Step left forward making ¼ turn left, hold
左轉90度左足前踏, 候
- 5-6 Step right across left making ¼ turn left, hold
左轉90度右足於左足前交叉踏, 候
- 7-8 Step left forward making ¼ turn left, hold
左轉90度左足前踏, 候

**Right, Hold, & Cross, Hold, Out Out Cross, Rock Recover
右, 候, 併交叉, 候, 大大交叉, 右下沉 回復**

- 1-2 Step right to right side, HOLD 右足右踏, 候

- &3-4 Step left next to right, Cross right over left, HOLD
左足併踏, 右足於左足前交叉踏, 候
- &5-6 Step out left out to left side, Step out right to right side, Cross left over right 左足左踏, 右足右踏, 左足於左足前交叉踏
- 7-8 Rock to right side, Recover on left
右足右下沉, 左足回復
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