And Then You're Gone For Two (P)

级数: Partner

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音乐: And Then You're Gone - Pink Martini

Start after slow intro on the word "gone."

拍数: 32

Note that you will complete the first pattern to instrumental only, then the lyrics start.*

Start in double circle, leaders facing outside, weight on R, followers facing inside, weight on L, hands joined.

LEADER	
1-4	Point L to side, hook L foot behind R calf; repeat
5-6	Step L to side, step R behind (or step R together)
7&8	Side triple LRL 🗆 [Release L hand]
1-2 3 4 5-6 7-8	Turn left (DLOD) stepping fwd R, tap L toes behind R Step back L Turn right stepping R to side (now facing partner) [Release R hand] Turn right (RLOD) stepping fwd L, tap R toes behind L □ [Join L hand] Step back R, turn left stepping L to side (now facing partner)
1-2-3 4-5-6 7-8	Turn left (DLOD) stepping fwd R, lock L, step fwd R [Assume sweetheart] Step fwd L, lock R, step fwd L Step fwd R, HOLD
1-4	Rock fwd L, rec R, step fwd L, HOLD□ [Drop hands]
5-6	Step fwd R, turn left ½ stepping onto L (facing RLOD)
7	Turn left ¹ / ₄ stepping side R (now facing outside circle)
8	Touch L toes home [Join both hands]
FOLLOWER	
1-4	Point R to side, hook R behind L calf; repeat
5-6	Step R to side, step L behind (or step L together)
7&8	Side triple RLR□[Release R hand]
1-2 3	Turn right (DLOD) stepping fwd L, tap R toes behind L Step back R
4	Turn left stepping L to side (now facing partner) \Box [Release L hand]
5-6	Turn left (RLOD) stepping fwd R, tap L toes behind R [Join R hand]
7	Step back L
&	Turn right stepping R to side (now facing partner)
8	Step onto L (followers do a triple step 7&8 after the tap on count 6 in order to continue on the same foot DLOD in sweetheart)
1-2-3	Turn right (DLOD) stepping fwd R, lock L, step fwd R [Assume sweetheart]
4-5-6	Step fwd L, lock R, step fwd L
7-8	Step fwd R, HOLD
1-4	Rock fwd L, rec R, step fwd L, HOLD□ [Drop hands]
5-6	Rock fwd R, rec L
7	Turn right ½ stepping fwd R (facing RLOD)
8	Turn right ¼ stepping L next to R [Join both hands]





墙数:0

Alternate music: Tengo Tu Tango by 5 Alarm Music, 118 BPM Perfidia by John Altman, 120 BPM Hernando's Hideaway by the Miguel Ortiz Orchestra, 122 BPM Tango Tango by Petra Nielsen at a peppy 132 BPM (for when you want a challenge)

1-4 Point toes to side, HOLD, hook, HOLD.

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