

It's Goin' Round Round (神魂顛倒)

(zh)

COPPER KNOB
STEPSHEETS

拍数: 0 墙数: 4 级数: Intermediate
编舞者: Joey Warren (USA) - 2009年01月
音乐: Right Round - Flo Rida



前奏: 32 Counts. On verse vocals.

A部份

第一段 Heel Jack, Slide Back, Step-Rock, Step-Cross-Point 踵點踏, 後拖, 踏-下沉, 踏-交叉-點

- 1&2 Step L foot over R, Step R to R side, Touch L heel out to L side
交叉 踏 點 左足於右足前交叉踏, 右足右踏, 左足踵左點
- &3&4 Step L foot beside R, Rock forward on R, Step back on L, Big step back on R 左足併踏, 右足前下沉, 左足後踏, 右
收 下沉回復 足後一大步
後踏拖 * (As you step back on R foot drag L heel back towards R)
右足後踏左踵拖併至右足
- 5-6 Step L foot beside R, Rock out to R on R foot
併 下沉 左足併踏, 右足右下沉
- 7&8 Recover over on L foot, Step R foot forward and across L, Point L toe out to L 左足回復, 右足於左足前交叉踏, 左足
回復 交叉 趾左點
點

第二段 ¼ Turn Sweep L, Step-Coaster Step, Walk-Walk-Kick X2 左轉1/4繞, 踏, 海岸步, 走走踢二次

- 1-2 ¼ Turn L stepping down on L as u sweep R foot out in front of L, Step R beside L 左轉90度左足踏右足繞向左足, 右
90 併 足併踏
- 3&4 Step L foot back, Step R foot beside of L, Step L foot forward
海岸步 左足後踏, 右足併踏, 左足前踏
- 5&6 Step forward on R, Step forward on L, Step forward on R as you kick L foot out 右足前踏, 左足前踏, 右足前踏左足
走走踢 左踢
- 7&8 Step forward on L, Step forward on R, Step forward on L as you kick R foot out 左足前踏, 右足前踏, 左足前踏右足
走走踢 右踢

第三段 R Back W/ L Drag, ¼ Turn L, Step- ½ Turn, Weave ¼ Turn R, Full Turn 右後拖併, 左1/4, 踏轉1/2, 右藤步轉1/4, 轉圈

- 1-2 Big step back with R as you drag L heel, ¼ Turn L stepping L out to L side 右足後一大步左足拖併, 左轉90度左足左
後 90 踏
- &34 Step R beside of L, Step L out to L side, ½ Turn L stepping R foot out to R side 右足併踏, 左足左踏, 左轉180度右
併踏轉 足右踏
- 5&6 Step L foot behind R, ¼ Turn R stepping R foot forward, Step L foot forward 左足於右足後踏, 右轉90度右足前踏, 左
後90前 足前踏
- 7-8 ½ Turn R stepping forward on R foot, ½ Turn R stepping back on L foot
轉轉 右轉180度右足前踏, 右轉180度左足後踏

第四段 Side Touch & Touch X2 (Traveling Back), Ball-Heel-Ball-Step, ¾ Paddle Turn L 側點點二次(向後移), 踏踵併踏, 划 槳步轉3/4

- 1&2 Touch R toe to R side, Step R foot beside of L, Touch L toe to L side
點收點 右足趾右點, 右足併踏, 左足趾左點
- &3&4 Step L beside R, Touch R to R side, Step R beside L, Touch L to L side
收點收點 左足併踏, 右足右點, 右足併踏, 左足左點
(As you do these touches you should travel back slightly)
這些點收動作略向後移
- &5&6 Step L beside R, Touch R heel forward, Step R back beside L, Step L forward 左足併踏, 右足踵前點, 右足後併踏,
收 踵併踏 左足前踏

7-8 ¼ Turn L touch R toe to R side, ½ Turn L stepping R foot out to R side
90 180 左轉90度右足趾右點, 左轉180度右足右踏

B部份

第一段 Touch X2, Step-Touch, Step-Sweep, Sweep X2 點點 踏點 踏繞 繞二次

1-2 Touch L toe in front/across R, Touch L toe to L side
點點 左足趾於右足前交叉點, 左足趾左點

3-4 Step L back/behind R, Touch R toe to R side
後點 左足於右足後踏, 右足趾右點

5-6 Step R beside L as you start to sweep L out, Sweep L out and behind R
繞踏 右足併踏左足後繞, 左足繞至右足後踏

7-8 Step L down behind R as you start R sweep, Sweep R out and behind L
繞踏 右足準備繞至左足後, 右足於左足後踏

第二段 Sweep-Rock-Recover, Touch-Step Together, Knee Bounce X2 繞下沉回復, 點踏併, 膝彈二次

1-2 Step down on R as you sweep L out, Rock back on L foot
繞下沉 左足準備繞至右足後, 左足後下沉

3-4 Recover back on to R, Touch L toe forward
回復 點 右足回復, 左足趾前點

5-6 Step back on L, Step back on R (angle body to your R diagonal)
後後 左足後踏, 右足後踏(身體面向右斜角線)

7-8 Bounce both knees twice (weight ends on L foot)
Boun boun 雙膝彈二次(重心在左足)

第三段 Walk-Walk, Out-Out, Shoulder Push W/ Look, ¾ Turn L 走走, 外外, 推肩看, 左3/4

1-2 Step R foot forward/across L, Step L foot forward
走走 右足於左足前交叉踏, 左足前踏

3-4 Step R foot out, Step L foot out (This is where you center up to facing wall) 右足右踏, 左足左踏(身體回到中央)
Out out

5-6 Push R shoulder out to R as you look R, ¼ Turn as you step L foot forward
推肩 90 右肩向右推向右看, 左轉90度左足前踏

7-8 ¼ Turn L stepping R out to R, ¼ Turn L stepping L foot back
90 90 左轉90度右足右踏, 左轉90度左足後踏

第四段 Rock Back-Recover, Step-Kick, Walk X2, Hip Sways X2 後下沉回復, 踏踢, 走二次, 推臀二次

1-2 Rock back on R foot, Recover on L
下沉回復 右足後下沉, 左足回復

3-4 Step forward on R foot, Kick L foot out (Brush L heel before kick)
踏踢 右足前踏, 左足刷踢

5-6 Step down on L foot, Step forward on R foot
走走 左足踏, 右足前踏

7-8 Step L foot out to L as you sways hips L, Sway hips to the R (weight on R) 左足左踏左推臀, 右推臀(重心在右足)
Sway sway

NOTES: On the part where you only do the first 16 of section B; you end with your knee bounces and normally, your weight would be on your L, but for your restart you need to transfer it over to your R.

當跳到B部份只跳16拍時, 會跳到雙膝彈二次, 這時重心雖然在左足, 但是為接續A部份第1拍, 重心要移到右足

*THE DANCE STARTS AS A TWO WALL, BUT B TURNS IT INTO A 4 WALL. HAVE FUN!!!!

A部份是二面牆, B部份會有四面牆
