

# Twist

拍数: 32      墙数: 2      级数: Beginner  
编舞者: Micaela Svensson Erlandsson (SWE) - February 2007  
音乐: Let's Twist Again - Chubby Checker



## Step, Turn 1/2 left, Step, Touch Step, Touch, Step, Touch

- 1 - 2      Step right forward, Turn 1/2 left on ball of right (reverse weight to left).
- 3 - 4      Step right foot diagonally forward, Touch left beside right.
- 5 - 6      Step left foot diagonally forward, Touch right beside left.
- 7 - 8      Step right foot to right, Touch left beside right.

## Stomp left, Fan Heel in, Toe in, Heel in, Step, Touch, Step, Touch

- 9 - 10      Stomp left to left side, Fan right heel in towards left
- 11 - 12      Fan right toe in towards left, Fan right heel in towards left.
- 13 - 14      Step right to right, Touch left beside right.
- 15 - 16      Step left to left, Touch right beside left.

## Swivel right, Hold, Swivel left, Hold, Swivel right, Swivel left Swivel right, Swivel left.

- 17 - 18      With weight on toes swivel both heels to right. Hold.
- 19 - 20      With weight on toes swivel both heels to left. Hold.
- 21 - 22      With weight on toes swivel both heels to right, With weight on toes swivel both heels to left.
- 23 - 24      With weight on toes swivel both heels to right, With weight on toes swivel both heels to left.

## Step, Touch, Clap, Step, Touch, Clap, Toe strut back right, Snap, Toe strut back left, Snap

- 25 - 26      Step right diagonally back, Step left beside right and clap.
- 27 - 28      Step left foot diagonally back, Step right beside left and clap.
- 29 - 30      Step right toe back. Drop right heel taking weight. Snap fingers to the right.
- 31 - 32      Step left toe back. Drop left heel taking weight. Snap fingers to the left.

## Easy Option Toe strut back right, Snap, Toe strut back left, Snap, Toe strut back right, Snap, Toe strut back left, Snap

- 25 - 26      Step right toe back. Drop right heel taking weight. Snap fingers to the right.
- 27 - 28      Step left toe back. Drop left heel taking weight. Snap fingers to the left.
- 29 - 30      Step right toe back. Drop right heel taking weight. Snap fingers to the right.
- 31 - 32      Step left toe back. Drop left heel taking weight. Snap fingers to the left.

Option: Begin the dance facing the back wall, for you to finish it facing the front wall

---