

Tough Love

COPPER KNOB
CHOREOGRAPHY SHEETS

拍数: 62 墙数: 2 级数: Improver / Intermediate
编舞者: Hayley Goy (UK) & Lesley Kidd (UK) - August 2015
音乐: Tougher Than the Rest - Bruce Springsteen



Intro: 23 sec, start on the word Night..

NO TAGS OR RESTARTS :)

Section 1: STEP BACK, SIDE, DIAGONAL LOCK STEP FORWARD, ROCK RECOVER, STEP BACK, REVERSE ½ TURN, STEP FORWARD .

1-2-3&4 Step back R, Step L to L side, Step R forward to left diagonal, lock L behind, step R forward
5-6-7&8 Rock L, Recover R, Step back L, ½ Turn over R Shoulder, Stepping R forward, Step L forward.

Section 2: CROSS, BACK, SAILOR ½ TURN, WALK FORWARD L,R, MAMBO L BIG STEP BACK L.

1-2-3&4 Cross R over L, Step L Back, squaring up to 6 o'clock, Sailor ½ turn R,
5-6-7&8 Walk R, L, Cross rock over L, Big step back L.

Section 3: ROCK BACK R, RECOVER, R SIDE SHUFFLE, CROSS ROCK, RECOVER, ¼ TURN SHUFFLE L.

1-2-3&4 Rock back R, Recover on L, Step R to R side, Step L next to R, Step R to R side,
5-6-7&8 Cross rock L over R, Recover back on R, step L to L side, step R beside L, make ¼ turn to L stepping L forward

Section 4: 1/2 TURN SHUFFLE L, BACK ROCK, SIDE ROCK, CROSS SHUFFLE.

1&2-3-4 Turn ¼ L stepping R to side, step L next to R, Turn ¼ L stepping R back, Rock back L, Recover on to R,
5-6-7&8 Rock L to L side, Recover onto R, Cross L over R, step R to R side, cross L over R

Section 5: SIDE, BEHIND, SIDE ROCK, RECOVER, ¼ SAILOR, MAMBO STEP

1-2-3-4 Step R to R side, Cross L behind R, Rock out R, Recover weight on L,
5&6-7&8 ¼ Sailor turn R, L Mambo forward, Stepping L back,

Section 6: WALK BACK X2, COASTER STEP, STEP LOCK, STEP LOCK STEP,

1-2-3&4 Walk back R, L, Step back on R, close L beside R, step forward on R,
5-6-7&8 Step forward L, Lock R behind L, Step forward L Lock R behind L, Step forward L

Section 7: MODIFIED FIGURE OF 8 GRAPEVINE

1-2-3-4 Step forward R, Pivot 1/2 turn L, make a further ¼ turn stepping R to R side, step L behind R,
5-6-7-8 Make ¼ turn to R stepping R forward, Step forward L, Pivot ½ turn R, step forward L

Section 8: MAMBO FORWARD, MAMBO BACK, SIDE ROCK, RECOVER,

1&2-3&4 Spring forward R, Recover, step slightly back on R, Spring back on L, Recover, step slightly forward onto L,
5-6 R Side rock, Recover on to L,

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