

Ride On

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Low Intermediate
编舞者: Chip Hubbard (USA) - August 2015
音乐: Ride On / Right On - Phosphorescent : (amazon)



Start dancing after 16 counts

WALK RIGHT, LEFT; STEP RIGHT, PIVOT ½ LEFT; SHUFFLE FORWARD (RLR), CROSS LEFT OVER RIGHT, STEP RIGHT

1-2 Walk forward right, walk forward left
3-4 Step right forward, pivot ½ turn left (6:00)
5&6 Shuffle forward right, left, right
7-8 Cross left over right, step right beside left

(Bend knees dipping down as you cross left over right, back up as you step right beside left)

WEAVE RIGHT, ROCK OUT RIGHT, ¼ TURN STEP LEFT; FULL TURN RIGHT (RLRL)

1&2 Step left behind right, step right, cross left over right
3-4 Rock out right, turning ¼ left step left
5-6 Step right turning ¼ right, step left turning ¼ right
7-8 Continuing full turn, step right turning ¼ right, step left turning ¼ right

ROCK RIGHT, RECOVER, STEP; ROCK LEFT, RECOVER, STEP; SHUFFLE BACK (RLR), LEFT SAILOR ¼

1&2 Rock right behind left, recover left, step right beside left
3&4 Rock left behind right, recover right, step left beside right
5&6 Shuffle back right, left, right
7&8 Left behind right, turn ¼ left and step right forward, step left forward (3:00)

PADDLE TURN ¼ LEFT; PADDLE TURN ¼ LEFT; HIP BUMPS RIGHT, HIP BUMPS LEFT

1-2 Step right forward, turn ¼ left (weight to left)
3-4 Step right forward, turn ¼ left (weight to left) (9:00)
5-6 Bumps hips twice to right (weight to right)
7-8 Bumps hips twice to left (weight to left)

REPEAT

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