

# Heartbeat

**COPPER KNOB**  
STEPSHETS

拍数: 32      墙数: 4      级数: Low Intermediate  
编舞者: Chip Hubbard (USA) - August 2015  
音乐: Heartbeat - Beckah Shae : (amazon)



Start dancing on lyrics

## STEP LOCK, STEP LOCK STEP, ROCK RECOVER, SHUFFLE BACK

1-2            Step right forward, lock left behind  
3&4            Locking chasse forward, right-left-right  
5-6            Rock left forward, recover to right  
7&8            Chasse back, left-right-left

## SHUFFLE ½ TURN, KICK BALL STEP BACK (TWICE), STEP LEFT, TOUCH RIGHT

1&2            Chasse back right-left-right turning ½ right  
3&4            Kick left forward, step left together, step right back  
5&6            Kick left forward, step left together, step right back  
7-8            Step left forward, touch right toe behind left heel

## JAZZBOX TURNING RIGHT, CROSS POINT, CROSS POINT

1-2            Cross right over left, step left back  
3-4            Turn ¼ right and step right side, step left together  
5-6            Cross right over left, point left toe to left side  
7-8            Cross left over right, point right toe to right side

## RIGHT SAILOR TURNING ½, SIDE ROCK STEP, BEHIND SIDE CROSS, SIDE ROCK STEP

1&2            Sweep right from side to back and cross right behind, turn ½ right and step left side, step right  
3-4            Rock out left, recover right  
5&6            Step left behind right, step out right, cross left over right  
7-8            Rock out right, recover left

## REPEAT

(On last drumbeat of the song, step ¼ turn left ending on left foot and facing the 12:00 wall)

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