

Growin' Younger

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate / Advanced
编舞者: Magali CHABRET (FR) - August 2015
音乐: Growin' Younger - Randy Houser : (CD: How Country Feels)



#49 seconds intro, start on vocals

Section 1 – WALK, WALK, ANCHOR STEP, FULL TURN BACK LEFT, SLIDE BALL STEP

1-2 Step right forward – step left forward
3&4 Rock back on right – recover onto left forward – rock back on right
5-6 1/2 turn left stepping left forward – 1/2 turn left stepping right back (12:00)
7&8 Slide left towards right – step ball of left next to right – step right forward

Section 2 – ROCK, RECOVER, SHUFFLE ½ TURN LEFT, KICK, STEP, SIDE ROCK, KICK, STEP, SIDE ROCK

1-2 Rock forward on left – recover onto right
3&4 1/4 turn left stepping left to side – step right next to left – 1/4 turn left stepping left forward (6:00)
5&6& Kick right forward – step right over left – rock left to left side – recover onto right
7&8& Kick left forward – step left over right – rock right to right side – recover onto left

Section 3 – ROCK AND BACK, COASTER 1/8 TURN LEFT, PIVOT ½ TURN LEFT, RIGHT LOCK STEP

1&2 Rock forward on right – recover onto left – step back on right
3&4 Step back on ball of left – step right next to left – 1/8 turn left stepping left forward (4:30)
5-6 Step right forward – pivot 1/2 turn left (10:30)
7&8 Step right forward – lock left behind right – step right forward (10:30)

Section 4 – MODIFIED VAUDEVILLE, ¼ TURN RIGHT, FULL TURN RIGHT, ½ TURN & SHUFFLE FORWARD

1&2 Cross left over right – step right slightly back (9:00) – touch left heel diagonally forward
&3-4 Step left in place – cross right over left – 1/4 turn right stepping back on left (12:00)
5-6 1/2 turn right stepping right forward – 1/2 turn right stepping back on left
7&8 1/2 turn right stepping right forward – step left beside right – step right forward (6:00)

Section 5 – PIVOT ½ TURN RIGHT, LOCK ½ TURN RIGHT, ¼ TURN RIGHT, POINT, ¼ TURN LEFT, SWEEP

1-2 Step left forward – pivot 1/2 turn right (12:00)
3&4 1/4 turn right stepping left to side – 1/4 turn right and cross right over left – step back on left (6:00)
5-6 1/4 turn right stepping right to side – point left to left side (9:00)
7-8 1/4 turn left stepping left forward – sweep right from back to front (6:00)

Section 6 – MODIFIED JAZZ BOX, POINT, RIGHT SAILOR STEP, LEFT SAILOR STEP ¼ TURN LEFT

1-2&3 Cross right over left – step back on left – step right to side – step left forward
4 Point right to side
5&6 Cross right behind left – step left to side – step right to side
7&8 Cross left behind right – 1/4 turn left stepping right slightly back – step left forward (3:00)

TAG : At the end of 2nd and 4th wall :

PIVOT ½ TURN, OUT-OUT, IN-IN, APPLEJACKS

1-2 Step right forward – pivot 1/2 turn left
&3&4 Step right to side – step left to side – bring right to center – step left next to right

- 5&6 Twist right heel & left toe to left – twist left heel & right toe to left – twist right heel & left toe to left
- 7& Twist right heel & left toe to right – twist left heel & right toe to right
- 8& Twist left heel & right toe to left – twist right heel & left toe to left

Original step sheet of the choreographer - galicountry76@yahoo.fr - www.galichabret.com
Merci de ne pas modifier ces pas de quelque manière que ce soit.
