

Injustice (不公平) (zh)

COPPER KNOB
STYLEDANCE

拍数: 64 墙数: 4 级数: Intermediate
编舞者: M.T. Groove (UK) - 2009年10月
音乐: Who Is It - Michael Jackson



前奏 : 64 count intro start on vocals - long intro so chill 'n' enjoy the music!!!

- 第一段** **Walk R,L, Hold ½ Turn ½ Turn, Press Back Step/Drag, & Cross ½ Turn Step.** 走步-右, 左, 候 1/2 1/2 壓後/拖, 併交叉 1/2 踏
- 1-2 Walk forward R, L. 右足前走, 左足前走
- 3&4 Hold, Make ½ turn L stepping back on R, Make ½ turn L step fwd L (12.00)
候, 左轉180度右足後踏, 左轉180度左足前踏(面向12點鐘)
- 5-6 Press fwd on R, Take a big step back on L as you drag the R to your L (weight L). 右足前壓踏, 左足後一大步右足拖併
- &7-8 Step slightly back on R (&), Cross L over R, Make a ½ turn R step fwd on R. (6.00)
右足略後踏, 左足於右足前交叉踏, 右轉180度右足前踏
- 第二段** **Rock Recover, Reverse Sweep ½ Turn Step, R Coaster Replace Point, Drag ¼ Cross.** 下沉回復, 反繞 1/2 踏, 右海岸帶點, 拖
- 1-2 Rock fwd L, Recover R. 左足前下沉, 右足回復
- 3-4 Make a reverse ½ turn L sweeping L out, Step L in place (12.00)
以左足繞左轉180度, 左足踏(面向12點鐘)
- 5&6 Step back on R, Close L next to R, Step fwd on R as you point L to L. 右足後踏, 左足併踏, 右足前踏左足左點
- 7-8 Drag L to R, Cross L over R as you ¼ turn L. (9.00)
左足拖併, 左轉90度左足於右足前交叉踏(面向9點鐘)
- 第三段** **¼ Turn Step Point, Hold, Cross Side Rock Recover, ¼ Turn, ½ Turn.**
1/4 踏點, 候, 交叉側 下沉回復, 1/4 1/2
- &1-2 Make ¼ turn L as you step back on R (&), Point L to L side, Hold (6.00)
左轉90度右足後踏, 左足左點, 候
- 3-4 Cross L over R, Step R to R side.
左足於右足前交叉踏, 右足右踏
- 5-6 Rock L behind R, Recover R.
左足於右足後下沉, 右足回復
- &7 Make ¼ turn R as you step back L, Make ½ turn R as you step fwd R. (3.00) 右轉90度左足後踏, 右轉180度右足前踏(面向3點鐘)
- 第四段** **¾ Attitude Turn Walk L,R, Hold, Reverse Hitch ½ Turn, Side Ball Rock Recover, Ball Point Step.**
3/4 走走, 候, 抬轉1/2, 側併下沉回復, 併點踏
- 8-2 Make a ¾ turn R on R with L slightly lifted, Walk L,R. (12.00)
右轉270度右足踏左足略抬, 左足前走, 右足前走(面向12點鐘)
- 3&4 Hold, Hitch L (&), Making a reverse ½ turn L, step L to L side. (6.00)
候, 左抬, 左反轉180度, 左足左踏(面向6點鐘)
- &5-6 Step R next to L, Rock L to L side, Recover R.
右足併踏, 左足左下沉, 右足回復
- &7-8 Step L next to R, Point R to R side, Step fwd on R.
左足併踏, 右足右點, 右足前踏

第五段 Rock & Cross X2, Step ½ Turn Pivot, R Coaster Step.
下沉回復交叉二次, 踏轉, 海岸步

- 1&2 Rock L to L side, Recover R, Cross L over R.
左足左下沉, 右足回復, 左足於右足前交叉踏
- 3&4 Rock R to R side, Recover L, Cross R over L.
右足右下沉, 左足回復, 右足於左足前交叉踏
- 5-6 Step fwd L, Pivot ½ turn R. (keep weight L). (12.00)
左足前踏, 右軸轉180度(重心在左足)(面向12點鐘)
- 7&8 R coaster step. 右海岸步

第六段 Knee Rolls L,R, Hold Out Out, Body Roll ¼ Turn Sit, Body Roll Up Step/Pop.
膝轉-左, 右, 候 外 外, 身體擺動轉1/4呈坐姿, 身體擺動站立, 膝彈

- 1-2 Whilst rolling knees, Step out L,R,
左膝轉向外, 右膝轉向外
- 3&4 Hold, step forward and out L,R.
候, 左足左前踏, 右足右踏
- 5-6 Body roll from head down into a sit whilst making a ¼ turn L (weight R) (9.00) 身體由頭擺動左轉90度到坐姿重心在右足(面向9點鐘)
- 7-8 Body roll up taking weight on L,(7), Drag/Step R next to L as you pop L knee fwd (weight R).
重心在左足擺動身體站立, 右足拖併踏左膝前彈

第七段 Back Back ½ Turn Step, Step Drag/Touch, Step ¾ Sweep, Weave
後 後 1/2轉踏, 踏拖併/點, 踏轉3/4繞, 藤步

- 1&2 Walk back L, R Make a ½ turn L step fwd L. (3.00)
左足後走, 右足後走, 左轉180度左足前踏(面向3點鐘)
- 3-4 Step fwd on R, Drag L into a touch next to R.
右足前踏, 左足拖併點
- &5 Step back on L (&), Make a ¾ turn R stepping on R as you sweep L (12.00) 左足後踏, 右轉270度右足踏左足繞向前
- 6-8 Cross L over R, Step R to R side, Step L behind R.
左足於右足前交叉踏, 右足右踏, 左足於右足後踏

第八段 ¼ Turn Step, Heel ¼ Turn Heel, ¼ Turn Walk L,R,L,, Triple Full Turn, ½ Turn. 1/4轉踏, 踵 1/4踵轉, 1/4轉走-左, 右, 左, 三步轉圈, 1/2

- 1&2 Make a ¼ turn R as you step fwd on R, Bring L heel to R (&), Making a ¼ turn L move R heel to R. (12.00)
右轉90度右足前踏, 左足踵右轉, 左轉90度右足踵轉右
- 3-5 Make a ¼ turn L as you walk fwd L,R,L (9.00)
左轉90度前走步-左, 右, 左(面向9點鐘)
- 6&7 Make a triple full turn L, stepping R,L,R, travelling fwd. (9.00)
三步左轉圈-右, 左, 右, 向前移動(面向9點鐘)
- 8 Make a ½ turn L as you step fwd on L (3.00)
左轉180度左足前踏(面向3點鐘)
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