We're Renegades



拍数: 32 墙数: 4 级数: Low Intermediate

编舞者: Laura K. - August 2015

音乐: Renegades - X Ambassadors



Intro: 32 counts, at start of lyrics - Weight starts on left foot

Walk, Walk, Shuffle Fwd. RLR, Rock Fwd L, Recover R, ½ Turn Sailor

1-2 Walk forward right, walk forward left3&4 Shuffle forward right, left, right

5-6 Rock forward onto left foot, recover back onto right foot

7&8 Do a half turn sailor step over your left shoulder by sweeping your left foot around behind

your right foot while making a half turn left and stepping down beside your right foot, step

right in place and step left in place (6:00)

Right and Left Side Mambos(no pause), Step R Fwd, 1/4 Pivot Right, Left Cross Shuffle

1&2 Rock right foot to right side, recover onto left, step right beside left

&3&4 Rock left foot to left side, recover on to right, step left beside right, step right forward

5-6 Step left foot forward, make a ¼ right changing weight to right foot (9:00)

7&8 Cross shuffle left, right, left

Restart here on 5th wall

Step back ¼, Step ½, Shuffle Forward RLR, Forward Rock, Recover, Coaster Step

1-2 Turning to the left, step back on right foot (6:00), make a half turn to your left stepping

forward onto left (12:00)

3&4 Shuffle forward right, left, right

5-6 Rock forward onto your left foot, recover back onto your right foot 7&8 Step back with your left, step right beside your left, step forward left

Diagonal Forward Locks Right & Left, Step, ½ Turn Pivot Right, ¼ Chase Turn

1&2 Step right diagonally forward, lock left behind, step right diagonally forward

Step left diagonally forward, lock right behind, step left diagonally forward, step forward right

Step left foot forward, make a ½ turn to the right, changing weight to the right foot (6:00)

Step left foot forward, make a ¼ turn to the right, change weight to the right foot, step forward

left (9:00)

Restart: On the 5th wall after 16 counts

Ending: On the 9th wall, after the cross shuffle, make a ¼ turn to the front and step forward onto your right foot, and POSE. –TA DA!!

Repeat and Enjoy!!

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