

Lately

拍数: 32 墙数: 4 级数: Intermediate NC2
编舞者: Craig Bennett (UK) & Pat Stott (UK) - August 2015
音乐: Have I Told You Lately - Rod Stewart



Commence on the word "told" - (No Tags Or Restarts)

Side, rock back, recover, forward, forward, 1/2 pivot, press, recover, back rock, 1/2 turn, step to diagonal

- 1, 2& Step right to right, rock back on left, recover on right
- 3, 4& Step forward on left, step forward on right, 1/2 pivot left (weight on left) (6 o'clock)
- 5-6 Press forward on right, recover on left
- 7& Rock back on right (behind left), recover on left (preparing for the turn)
- 8 Turn 1/2 left stepping back on right (12 o'clock)
- & Turn 1/8 left stepping on left towards corner (10.30)

Walk, walk, step, 1/2 pivot, step forward, full turn, rock, recover, back, 1/4 turn right and step diagonally forward

- 1-2 Walk forward right, left (towards 10.30)
- 3& Step forward on right, 1/2 pivot left (weight on left) (4.30)
- 4 Step forward on right
- 5& Turn 1/2 right stepping back on left, 1/2 right stepping forward on right
- 6-7 Rock forward on left, recover on right (4.30)
- 8& Step back on left, turn 1/4 right stepping right forward towards 7.30

Walk, press, recover, back, slide, run back - left, right, step to side and sway, sway, sway, step, cross

- 1,2& Walk forward on left, press right forward, recover on left (7.30)
- 3 Large step back on right and slide left toe towards right
- 4& Run back- left, right
- 5,6,7 Squaring up to 6 o'clock step left to left and sway left, sway right, sway left
- 8& Step right to right, cross left over right

Night club basic right then left, rock back, recover, 2 prissy walks, rock recover, 1/2 turn, 3/4 turn

- 1,2& Large step to right, rock left behind right, step right slightly across left
- 3,4& Large step to left, rock back on right, step left slightly across right
- 5-6 2 prissy walks forward - right, left
- 7&8 Rock forward on right, recover on left, turn 1/2 right stepping forward on right
- & Close left to right and pencil turn 3/4 right (weight ending on left)

(Facing 9 o'clock start the dance again)

As music fades at the end of the track turn to 12 o'clock and pose!

Easier ending-

- 7& Rock forward on right, recover on left
- 8& Turn 1/4 right stepping right to right, cross left over right

Last Update - 16th Aug 2015