Get It On

级数: Intermediate

编舞者: June Burdett (SA) - August 2015

音乐: Marvin Gaye (feat. Meghan Trainor) - Charlie Puth

Restarts: Walls 3 and 9 see**

拍数: 64

SAILOR STEPS, TOE STRUTS WITH HIP BUMPS

- R behind L, L to side (&), R to side. 1&2
- 3&4 L behind R, R to side (&), L to side
- 5&6 R Toe forward bumping R hip forward, Bump hip back (&), Bump forward hip taking weight on R
- 7&8 L Toe forward bumping L hip forward, Bump hip back (&), Bump hip forward taking weight on L

ROCK RECOVER, ½ TURN SHUFFLE, ½ TURN SHUFFLE, ROCK RECOVER (12.00)

- 1-2 Rock R forward, Recover on L
- 3&4 1/2 turn shuffle over R stepping R, L (&), R (6.00)
- 5&6 1/2 turn shuffle over R stepping L, R (&), L (12.00)
- Rock back on R, Recover on L 7-8

1/2 TURN SHUFFLE, 1/2 TURN SHUFFLE, KICK BALL CHANGE, SIDE ROCK, RECOVER

- 1& 2 1/2 turn shuffle over L stepping R, L (&), R (6.00)
- 3&4 1/2 turn shuffle over L stepping L, R (&), L (12.00)
- 5&6 Kick R forward, Ball R, Step on L in place
- 7-8 Rock R to the side, Recover on L

SAILOR STEPS, TOE STRUTS WITH HIP BUMPS

- R behind L, L to side (&), R to side 1&2
- 3&4 L behind R, R to side (&), L to side
- 5&6 R Toe forward bumping R hip forward, Bump hip back (&), Bump forward hip taking weight on R
- L Toe forward bumping L hip forward, Bump hip back (&), Bump hip forward taking weight on 7&8 L
- ** RESTART HERE WALL 3 (FACING 3.00) AND WALL 9 (FACING 9.00) **

1/2 MONTEREY RIGHT, KICK BALL CHANGE TO DIAGONAL X 2 (6.00)

- 1-2 Point Right Toe to side, 1/2 Turn Right on ball of Left foot, Step Right next to Left with weight
- 3-4 Touch Left toe to side, Step Left next to Right with weight. (6.00)
- 5&6 Kick diagonal (7.30), Ball R, Step L in place
- 7&8 Kick diagonal (7.30), Ball R, Step L straightening to (6.00)

1/4 TURN LEFT, HIP SWAYS, TOE HEEL TOE TWIST, DRAG FOOT IN (3.00)

- 1-2 Step R forward swiveling 1/8 L. Small rock onto L to the left side continuing to swivel 1/8 L (bending knees while turning and flowing movement, down and up) (3.00)
- 3-4 Sway hips R, Sway hips L (while still with knees bend)
- 5-6 L Heel to L, L Toe to L keeping r foot in place whilst straightening body
- 7-8 L Heel to L, Drag R to L

TOE HEEL TOE TWIST, DRAG FOOT IN, CROSS, SIDE, BEHIND & HEEL

- R Heel to R, R Toe to R keeping L foot in place 1-2
- 3-4 R Heel to R, Drag L to R
- 5-6 Cross L over R, Step R to side





墙数:4

7&8 Step L behind R, Step R side (&), Dig L heel forward

BALL CROSS, SIDE, SAILOR STEP, STEP, TOGETHER, FORWARD, POINT (3.00)

- &1-2 Ball L (&), Cross R over L, Step L to side
- 3&4 R behind L, L to side (&), R to side
- 5-6 Step L to side, Step R next to L
- 7-8 Step forward on L, Point R to side

Thank you so much Alison Johnson XX

Contact: juneb@nulinedance.com - juneburdett@gmail.com - www.facebook.com