

One More Chance

COPPER KNOB
BY STEPHEN

拍数: 34 墙数: 4 级数: Low Intermediate
编舞者: Darren Bailey (UK) & Fred Whitehouse (IRE) - August 2015
音乐: One More Last Chance - Robert Mizzell



Intro: 32 counts (12 seconds)

R Vine, Touch, Diagonal forward touches (L, R), L Vine, Touch, Diagonal back touches (R, L).

1&2& Step RF to R side, Cross LF behind RF, Step RF to R side, Touch LF next to RF

3&4& Step LF to L diagonal, Touch RF next to LF, Step RF to R diagonal, Touch LF next to RF

(Restart here on wall 3 (Step Lf next to R instead of touch))

5&6& Step LF to L side, Cross RF behind LF, Step LF to L side, Touch RF next to LF

7&8& SStep RF back to R diagonal, Touch LF next to RF, Step LF back to L diagonal, Touch RF next to LF

Chase 1/4 turn R, Chase turn 1/2 R, Full turn L, Mambo forward L, kick.

1&2 Step RF to R side, close LF next to RF, Make a 1/4 turn R and step forward on RF

3&4 Step LF forward, Make a 1/2 pivot turn R, Step forward on LF

5&6 Make a 1/2 turn L and step back on RF, Make a 1/2 turn L and step forward on LF, Step forward on RF

7&8& Rock forward on LF, Recover onto RF, Step back on LF, Kick RF slightly forward.

Back, Kick L, Back, Kick R, R Coaster step, Scuff, Shuffle forward L, 1/4 turn pivot L, Cross, 1/4 turn R Hitch.

1&2& Step back on RF, Kick LF slightly forward, Step back on LF, Kick RF slightly forward

3&4& Step back on RF, Close LF next to RF, Step forward on RF, Scuff LF forward

5&6 Step LF forward, Close RF next to LF, Step forward on LF

7&8& Step forward on RF, Make a 1/4 pivot turn L, Cross RF over LF, Make a 1/4 turn R hitching L knee

Step, 1/4 turn R Hitch, Step, 1/4 turn R Hitch, Shuffle forward L, Toe, Heel, Step x2 (R,L), Out, Out.

1&2& Step LF back, Make a 1/4 turn R hitching R knee, Step RF to R side, Make a 1/4 turn R hitching L knee

3&4 Step LF forward, Close Rf next to LF, Step LF forward

5&6& Touch R toe in, Touch R heel in, Step slightly forward on RF, Touch L toe in

7&8& Touch L heel in, Step slightly forward on LF, Step RF to R diagonal, Step LF to L diagonal

In, In, Stomp x2 R

1&2& Step back and in with RF, Step back and in with LF, Stomp RF next to LF x2

Restart: After 4& count on Wall 3.

Hope you enjoy this great music, and just have fun!