

My Little Light

COPPER **KNOB**
BY STEPHEN HETS

拍数: 60 墙数: 2 级数: Improver
编舞者: Bill Goodlad (UK) - August 2015
音乐: Little Light - Chris Raddings : (CD: Coming out of the Shadows)



S1: 1/2 RUMBA BOX, CHASSE LT WITH 1/4 TURN HITCH RT, REPEAT

1 & 2 side right, left together, forward right
3 & 4 side left, right together, 1/4 turn right with hitch
5 & 6 side right, left together, forward right
7 & 8 side left, right together, 1/4 turn right with hitch

S2: RT ROCK AND CROSS, LT ROCK AND CROSS, CHASSE RT, CROSS ROCK RECOVER 1/4 TURN LT

1 & 2 rock right to side, recover left, cross right over left
3 & 4 rock left to side, recover right, cross left over right
5 & 6 right to side, left together, right to side
7 & 8 rock left over right, recover right, 1/4 turn left stepping left forward

S3: RT MAMBO FWD, LT MAMBO BACK, RT MAMBO 1/2 TURN, LT MAMBO 1/4 TURN

1 & 2 rock right forward, recover left, step right together
3 & 4 rock left back, recover right, step left together
5 & 6 rock right forward, recover left, 1/2 turn right stepping right forward
7 & 8 rock forward left, recover right, 1/4 turn left stepping left forward

S4: RT TOE STRUT, LT TOE STRUT, STEP 1/2 STEP, LT TOE STRUT. RT TOE STRUT, STEP 1/4 CROSS

1 & 2& right toe strut, left toe strut
3 & 4 step right forward, 1/2 turn left weight on left, step right forward
5 & 6& left toe strut, right toe strut
7 & 8 step left forward, 1/4 turn right weight on right, cross left over right

S5: CHASSE RT 1/4 TURN RT, 1/2 TURN LT SHUFFLE, RT COASTER STEP, LT SHUFFLE FWD

1 & 2 right to side, close left to right, 1/4 turn right stepping right forward
3 & 4 1/2 turn right on left, step right together, step left back
5 & 6 step right back, step left back together, step right forward
7 & 8 step left forward, step right together, step left forward

S6: TOUCH RT OUT IN OUT, RT BEHIND AND CROSS, TOUCH LT OUT IN OUT, LT COASTER 1/4 TURN

1 & 2 touch right out in out
3 & 4 step right behind left, step left to side, cross right over left
5 & 6 touch left out in out
7 & 8 1/4 turn left stepping back on left, step right together, step left forward

S7: RT LOCK FORWARD, LT MAMBO, RT LOCK BACK, 1/2 LT SHUFFLE TURN

1 & 2 step right forward, lock left behind right, step right forward
3 & 4 rock forward left, recover on right, step left together
5 & 6 step right back, lock left across right, step right back
7 & 8 1/2 turn left stepping left forward, step right to left, step left forward

S8: MONTEREY 1/4 TURN RT, TOUCH RT OUT STEP RT NEXT TO LT, TOUCH LT OUT STEP NEXT TO RT

1&2& touch right to side, 1/4 turn right stepping on right, touch left to side step left next to right
3&4& touch right out step in place, touch left out step in place

TAG / RESTART... AFTER COUNT 40 ON 5TH WALL DO TAG AND RESTART DANCE FACING 12 O'CLOCK

REVERSE RUMBA BOX

1 & 2 right to side, step left next to right, step right back

3 & 4 left to side, step right next to left, step left forward

IF USING DIFFERENT MUSIC WITH 64 BEAT ADD TAG TO END OF DANCE

Contact: goodlad@talktalk.net

Last Update – 27th Aug 2015
