

# Jump In

COPPER KNOB  
STEPPERS

拍数: 144      墙数: 0      级数: Phrased Intermediate  
编舞者: Melvin Tan (MY) - August 2015  
音乐: Jump In - A-Mei (張惠妹)



Dance Start from 16 counts

Sequence: Intro, A, B, Tag, A, B, Ending

Intro / Tag / Ending (16 counts)

Section 1:  Side Rock Recover, Hold x2

1 2 3 4      Step RF to R, Recover on LF, Step RF next to LF, Hold  
5 6 7 8      Step LF to L, Recover on RF, Step LF next to RF, Hold

Section 2:  Step Forward, Pivot 1/2 Turn, Step Forward, Pivot 1/2 Turn

1 2 3 4      Step RF Forward, Hold, Pivot 1/2L Turn, Hold  
5 6 7 8      Step RF Forward, Hold, Pivot 1/2L Turn, Hold

PART A (96 counts)

Section A1:  Step Touch x2, Cross Shuffle x2

1 2 3 4      Step RF forward, Touch LF to L, Step LF forward, Touch RF to R,  
5&6 7&8      Cross RF over LF shuffle (R,L,R), Cross LF over RF shuffle (L,R,L)

Section A2:  Step RF to R, Knee Pop, 1/4R Turn, Step RF Back, Heel Switches

1 2 3 4      Step RF to R, Pop Right Knee in, slightly 1/4R Turn, Step RF Back  
5&6      R Heel Tap Forward, Quick Change (&), L Heel Tap Forward,  
&7&8&      Quick Change (&), R Heel Forward, Quick Change (&), L Heel Forward, Quick Change (&)

Section A3:  Step RF Forward, 1/4L Turn, Hold, Stomp

1 2 3 4      Step RF Forward, 1/4L Turn, Hold 3,4  
5 6 7 8      Stomp on RF, LF, RF, LF

Section A4:  Touch RF Forward Hip Roll Twist, 1/2 Turn, Step together

1 2 3 4      Touch RF Forward Hip roll Clock wise twice  
5 6 7 8      Strictly 1/2L Turn Step RF Forward, Pivot 1/2L Turn, Step RF Forward, Step LF Together

Section A5:  Heel Split, Stomp, Stomp x2

1 2 3&4      Both heel Split Out, In, Out, Step LF on Ball, Step RF together  
5 6 7&8      Both heel Split Out, In, Out, Step LF on Ball, Step RF together

Section A6:  Heel Split, Stomp, Stomp, Step Back on LF, RF, LF, Head Turn

1 2 3&4      Both heel Split Out, In, Out, Step LF on Ball, Step RF together  
5 6      Step Back on LF with sit pose (weight on LF), Step back on RF with sit pose (weight on RF)  
7 &8      Step Back on LF with sit pose (weight on LF), Head Turn to Left & Middle

Section A7:  Forward Lock Step

1 2 3 4      Step RF Forward, Lock LF Behind, Step RF Forward, Lock LF Behind  
5 6 7 8      Step RF Forward, Lock LF Behind, Step RF Forward, Lock LF Behind

Section A8:  Step, Hold, Touch Forward Hip Bump, Back Touch 2x

1 2 3 4      Step LF to Left, Hold, Touch RF Forward hip bump, Step on RF  
5 6 7 8      Step LF Back, Touch RF beside LF, Step RF Back, Touch LF beside RF

Section A9:  Jump, Jump, 1/4 Turn Step Touch, 1/2 Turn Step Touch, Chest Pop

1 2 3 4 Hop to right, Hop to left, Step RF to R, 1/4L Touch LF beside RF  
5 6 7 8 1/2R Turn step LF to L, Touch RF beside LF, Popping chest twice

**Section A10: □Step with bend knee, Body Up, Hip Roll, Sway, Hip Bump, Jump Apart**

1 2 3 4 Step RF to R with bend both knee, Body up, Right Hip roll twice,  
5 6 7 8 Sway Hip to right, Bump Hip to Left twice, Jump Apart.

**Section A11: □Jump, Jump, Tap, Tap, Stomp**

1 2 3 4 Hop to right, Hop to Left, Tap LF to left twice,  
5 6 7 8 Stomp RF, LF, RF, RF

**Section A12: □Jump Open, Jump Together, Walk, Walk, Step RF to R, Hold**

1 2 3 4 Bend both knee, Jump apart (both foot together), Forward walk RF, LF,  
5 6 7 8 Step RF to R, Hold 3 counts

**PART B (32 counts)**

**Section B1: □Step, Jump, Back, Back, Step, Jump, Side Touch & Touch**

1 2 3 4 Step RF next to LF, Hop, Walk back LF, RF,  
5 6 7 & 8 Step LF next to RF, Hop, Touch RF to R, Step RF beside LF, Touch LF to L

**Section 2B: □Step, Jump, Forward Walk, Step Together, Step to side, Sway, Hold**

1 2 3 4 Step LF next to RF, Hop, forward walk RF, LF,  
& 5 6 7 8 Step RF next to LF, Step LF to L with Sway hip to Left, Right, Left, Hold(8)

**Section B3: □Repeat Sec B1**

**Section B4: □Repeat Sec B2**

~ Enjoy! ~

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