

Irish Spirit (aka Baileys) (愛爾蘭精神) (zh)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Maggie Gallagher (UK) - 2008年03月
音乐: Celtic Rock - David King : (CD: Spirit of the Dance)



前奏 : Intro: 16 counts 16拍起跳

- 第一段** **Step, Scuff-Hitch-Cross, Right Coaster-Cross, Hitch, Right Cross Stomp, Recover, Together, Left Cross Stomp, Recover, Together, Right Cross Stomp**
踏, 擦踢-抬-交叉, 右海岸交叉, 抬, 右交叉重踏, 回復, 併, 左交叉重踏, 回復, 併, 右交叉重踏
- 1&2 Step Forward On Right, Scuff Forward On Left (12:00)
右足前踏, 左足前擦踢(12點鐘)
- 2& Hitch Left Knee Forward, Cross Left Over Right
左膝蓋前抬起, 左足於右足前交叉踏
- 3&4 Step Back On Right, Step Left Next To Right, Cross Right Over Left
右足後踏, 左足併踏, 右足於左足前交叉踏
- &5 Low Hitch Right, Stomp Cross Right Over Left
右足略抬起, 右足於左足前交叉重踏
- &6 Recover Onto Left, Step Right Next To Left 左足回復, 右足併踏
- &7 Cross Stomp Left Over Right, Recover Onto Right
左足於右足前交叉重踏, 右足回復
- &8 Step Left Next To Right, Cross Stomp Right Over Left
左足併踏, 右足於左足前交叉重踏
- 第二段** **Left Side Rock, Recover, Vine Right, Right Side Rock, Recover, Vine Left** 左側下沉, 回復, 右華倫步, 右側下沉, 回復, 左華倫步
- 1,2 Rock Out To Left Side, Recover Onto Right
左足左下沉, 右足回復
- 3&4 Cross Left Behind Right, Step Right To Right Side, Cross Left Over Right
左足於右足後交叉踏, 右足右踏, 左足於右足後交叉踏
- 5,6 Rock Out To Right Side, Recover Onto Left 右足右下沉, 左足回復
- 7&8 Cross Right Behind Left, Step Left To Left Side, Cross Right Over Left
右足於左足後交叉踏, 左足左踏, 右足於左足前交叉踏
- 第三段** **Side Left, Back Right, Recover, Step, ½ Pivot Left, Full Turn Right, Point Right Forward** 左側, 右後, 回復, 踏, 左轉1/2, 右轉圈, 右前點
- &1,2 Step Left To Left Side, Rock Back On Right, Recover Onto Left
左足左踏, 右足後下沉, 左足回復
- 3,4,5 Step Forward On Right, Make ½ Pivot Turn Left, Walk Forward On Right (6:00) 右足前踏, 左轉180度, 右足前走(6點鐘)
- 6&7 Make ½ Turn Right Stepping Back On Left, Make ½ Turn Right Stepping Forward On Right, Step Forward On Left (6:00)
右轉180度左足後踏, 右轉180度右足前踏, 左足前踏(6點鐘)
- 8 Point Right Toe Forward 右足趾前點
- 第四段** **Hold, Together, Point Left Forward, Together, Cross Behind, Unwind ¾ Right, Side Rock, Vine Right**
候, 併, 左前點, 併, 後交叉, 右旋繞3/4, 側下沉, 右華倫
- 1 Hold 候
- &2 Step Right Next To Left, Point Left Toe Forward
右足併踏, 左足趾前點
- &3 Step Left Next To Right, Touch Right Toe Behind Left
左足併踏, 右足趾併點

- 4,5 Unwind $\frac{3}{4}$ Turn Right (3:00) 右旋繞270度(3點鐘)
- 6 Rock Out To Left Side 左足左下沉
- 7&8 Cross Left Behind Right, Step Right To Right Side, Cross Left Over Right
左足於右足後交叉踏, 右足右踏, 左足於右足前交叉踏
- TAG - 16 Counts: After Wall 4 – Facing The Front Wall
16拍, 第四面牆面向前面時
- 1&2 Cross Stomp Right Over Left, Recover Onto Left, Step Right Next To Left
右足於左足前交叉重踏, 左足回復, 右足併踏
- &3&4 Cross Stomp Left Over Right, Recover Onto Right, Step Left Next To Right, Cross Stomp Right Over Left
左足於右足前交叉重踏, 右足回復, 左足併踏, 右足於左足前交叉重踏
- &5&6 Low Hitch Right, Stomp Cross Right Over Left, Recover Onto Left, Step Right Next To Left
右足略抬起, 右足於左足前交叉重踏, 左足回復, 右足併踏
- &7&8 Cross Stomp Left Over Right, Recover Onto Right, Step Left Next To Right, Cross Stomp Right Over Left
左足於右足前交叉重踏, 右足回復, 左足併踏, 右足於左足前交叉重踏
- 1,2,3,4 Replace Weight Onto Left And Start Walking Round In A Circle To Make A Full Turn – R, L, R, L 重心至左足開始轉圈 - 右, 左, 右, 左
- 5,6,7,8 Continue Walking Round To End Up Facing The Front Wall Again – R, L, R, L 繼續轉圈至面向前面 - 右, 左, 右, 左
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