

Das Lied In Dir

拍数: 32 墙数: 2 级数: Intermediate
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音乐: Spiel das Lied in dir - Stefan Gwildis



Intro: 32 Counts

Section 1: Rock Step, 1/2 Triple Turn, Spiral Turn, Shuffle Forward

1, 2 Step RF forward, recover weight to LF
3&4 1/4 turn right and step RF right, Step LF next to RF, 1/4 turn right and step RF forward (6:00)
5, 6 Step LF forward, spiral full turn right

(On the spot, keep weight on left, turn to right letting right leg hook in front of left shin to complete a full turn)

Option: Non-turning option: Step LF forward, touch RF next to LF

7&8 Step RF forward, Step LF next to RF, Step RF forward

Section 2: Rock Step, 1/4 Turn Chasse, Cross, Sweep, Cross, Sweep

1, 2 Step LF forward, recover weight to RF
3&4 1/4 turn left and step LF to left, step RF next to LF, step LF to left (3:00)
5, 6 Cross RF over LF, sweep LF from back to front
7, 8 Cross LF over RF, sweep RF from back to front

Section 3: Jazz Box 1/4 Turn, Step, Touch, Lock Shuffle Back

1, 2 Cross RF over LF, step LF back
3, 4 1/4 turn right and step RF to right, step LF forward (6:00) *** restart point
5, 6 Step RF forward, touch LF behind RF
7&8 Step LF back, cross RF over LF, step LF back

Section 4: 1/2 Triple Turn, Step Turn, Shuffle Forward, Full Turn

1&2 1/4 turn right and step RF to right, step LF next to RF, 1/4 turn right and step RF forward (12:00)
3, 4 Step LF forward, 1/2 turn right (weight ends on RF) (6:00)
5&6 Step LF forward, step RF next to LF, step LF forward
7, 8 1/2 turn left and step RF back, 1/2 turn left and step LF forward

Option: Non-turning option: Step RF forward, step LF forward

Restarts: Restarts occur on walls 5 and 11 after 20 Counts (Jazz Box 1/4 Turn), facing 6:00

Ending : On wall 15, dance 16 Counts and add a 1/4 turn left to face the front

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