Hey Yah - Hey Yah - (EZ Lay It Right)

拍数: 32

墙数:4

级数: Improver

编舞者: Amy Christian (USA) - August 2015

音乐: Lay It Right - Speelburg : (Album: Lay It Right-EP)

Intro: 16 Counts.

*Restarts happen on Walls 2, 7 and 11.

ROCK FWD, RECOVER, R COASTER STEP, ROCK FWD, RECOVER, L COASTER STEP,

- 1-2 Rock fwd on R, Recover on L,
- 3&4 R Coaster Step, (Step R back, Step back on ball of L next to R, Step fwd on R),
- 5-6 Rock fwd on L, Recover on R,
- 7&8 L Coaster Step, (Step L back, Step back on ball of R next to L, Step fwd on L),

STEP FWD, PIVOT ½, TRIPLE FWD, STEP FWD, PIVOT ¼, CROSS SHUFFLE,

- 1-2 Step fwd on R, Pivot ¹/₂ on L, [6:00]
- 3&4 Triple fwd R,L,R,
- 5-6 Step fwd on L, Pivot ¼ on R, [9:00]
- 7&8 Cross shuffle L,R,L,
- *(Restarts happen here on Walls, 2, 7, & 11)

CROSS, POINT OUT, KICKBALL CHANGE, CROSS, POINT OUT, KICKBALL CHANGE,

- 1-2 Step R across L -Bending knees, Straighten up as you Touch L out to left side,
- 3&4 L Kickball Change, (moving fwd slightly),
- 5-6 Step L across R Bending knees, Straighten up as you Touch R out to right side,
- 7&8 R Kickball Change, (moving fwd slightly),

JAZZ BOX ¼, JAZZ BOX ¼,

- 1-4 Cross R over L, ¼ turn right Stepping back on L, Step R to right side, Step L fwd,[12:00]
- 5-8 Cross R over L, ¹/₄ turn right Stepping back on L, Step R to right side, Step L fwd,[[3:00]

Begin again!

*Restarts –Happens on Wall 2, Wall 7 and Wall 11. Dance 16 counts of the dance and start over. (Your clue that it's the Restart wall - There are no lyrics on these walls,... just music).

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