

Albatraoz

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: JinLan Diong (MY) - August 2015
音乐: I'm an Albatraoz - AronChupa



Side Chasse, Rock, Recover, Weave

1&2 Step side R, step L next to right, step side R
3 4 Rock L back, recover to R
5 6 7 8 Step L to left side, cross R behind left, step L to left side, cross R over left

Kick, Kick, Behind, Side, Cross, Rocking chair

1 2 3&4 Kick L fwd, kick L side, step L behind right, step R to side, step L cross over right
5 6 7 8 Rock R fwd, recover to L, rock R back, recover to L ('R')

Walk ¾ Turn R,L,R,L, Hip bumps X2

1 2 3 4 Step R fwd, step L ¼ turn right, step R ¼ turn right, step L ¼ turn right
5&6 Touch R toe fwd as you bump R hip fwd, step fwd R
7&8 Touch L toe fwd as you bump L hip fwd, step fwd L

Paddle ¼ L x2, Out, Out, In, In

1 2 3 4 Step fwd R, hip roll ¼ turn left, step fwd R, hip roll ¼ turn left
5 6 7 8 Step R heel to right diagonal, step L heel to left diagonal, step R back, step L next to right

Restart: ('R') On wall 6, dance up to count 4 Section 2 add * Pause 4 count*, dance continue up to Rocking Chair....then RESTART

1 2 3&4 Kick L fwd, kick L to side, step L behind, step R to side, cross L over R
5 6 7 8 POSE & hold 3 counts
1 2 3 4 Rock R fwd, recover to L, rock R back, recover to L

TAG... End of wall 4, do this 16 count tag. You will restart facing 12.00

[1 ~ 8] □ □ Point, Hold, Point, Hold (x2)

1 - 4 Point R toe to fwd, hold, point R toe to right side, hold,
5 - 8 point R toe to fwd, hold, point R toe to right side, hold

[9 ~ 16] □ □ Toe Struts ½ Turn, Toe Struts, Toe Struts ½ Turn, Toe Struts

1 - 2 Touch R toe fwd, ½ turn right drop R heel as you put weight onto right foot
3 - 4 Touch L toe next to right, drop L heel as you put weight onto left foot
5 - 6 Touch R toe back, ½ turn right drop R heel as you put weight onto right foot
7 - 8 Touch L toe next to right, drop L heel as you put weight onto left foot

Repeat ...

Ending: At the end of Wall 7 ...Unwind ½ turn L to face front wall.

Enjoy dancing!! (^_^)

Contact: diongjl@gmail.com