

Heartbeat EZ

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Judy Rodgers (USA) - July 2015
音乐: Heartbeat - Beckah Shae



#16 Count Intro (No Tags Or Restarts)

V-step, step, step together, step pivot ¼

1-2 Step R fwd to right diagonal, step L fwd to left diagonal
3-4 Step R back to center, step L beside R
5-6 Step R fwd, step L beside R
7-8 Step R fwd, pivot ¼ left step L to left side 9:00

Step, hitch, step, hitch, mambo step, stomp stomp

1-4 Step R fwd, hitch L, step L fwd, hitch R
3&4 Rock R fwd, recover L, step R back
7-8 Stomp L back, stomp R beside L

Step, behind, turn ¼ shuffle, rock recover, coaster step

1-2 Step L to left side, step R behind L
3&4 Turn ¼ left shuffle L, R, L 6:00
5-6 Rock R fwd, recover L
7&8 Step R back, step L beside R, step R fwd

Step turn ¼ bounce heels, Cross fwd point, cross back hitch

1-4 Step L fwd, turn ¼ right bounce heels 3 times (weight on L) 9:00
5-6 Cross R over L, point L to left
7-8 Cross L behind R, hitch R (lean body back)

Really get into the music and have fun!!!
