

# One Way Or Another

COPPER KNOB  
BY STEPHEN

拍数: 32      墙数: 2      级数: Beginner Cha Cha  
编舞者: Adrian Helliker (FR) - July 2015  
音乐: One Way or Another - Dave Sheriff : (Album: Undecided)



Intro: 32 counts

## [1-8] STEP SIDE R, TOGETHER, SHUFFLE SIDE R, CROSS ROCK, SHUFFLE L WITH ¼ TURN

1-2            Step right to right side, step left beside right  
3&4           Step right to right side, close left beside right, step right to right side  
5-6           Cross rock left over right, recover on right  
7&8           Step left to left side turning ¼ left, step right beside left, step forward left

## [9-16] RIGHT FORWARD ROCK & RECOVER, CHA CHA RIGHT IN PLACE, LEFT BACK ROCK & RECOVER LEFT CHA CHA IN PLACE

1-2            Rock right forward, recover onto left  
3&4           Cha cha in place stepping (Right-Left-Right)  
5-6           Rock back on left, recover onto right  
7&8           Cha cha in place stepping (Left-Right-Left)

## [17-24] SIDE, BEHIND, ¼ TURN RIGHT, SHUFFLE, ½ TURN RIGHT, SHUFFLE

1-2            Step right to right side, left behind right  
3&4           Step right to right with ¼ turn to right, left lock behind right, right forward  
5-6           Step left forward making ½ turn right on right foot  
7&8           Left foot forward, lock right behind left, left forward taking weight on left

## [25-32] SHUFFLE FORWARD RIGHT, ROCK & RECOVER, SHUFFLE LEFT BACK, ROCK & RECOVER

1&2           Step Right forward, Left beside Right, Step Right forward  
3-4           Rock left forward, Recover on right  
5&6           Step Left back, Right beside Left, Step Left back  
7-8           Rock Right back, Recover on Left

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