

# No Woman No Cry

COPPER KNOB  
STEPPERS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Muki Matohir Royal (INA) - July 2015  
音乐: No Woman No Cry - Boney M. : (2000)



Intro : 32 Count □ Start On : No Woman No Cry

## #1. □ Prizzy Walk – R Chase – Prizzy Walk – L Chase

1-2                    . □ Step R forward cross, step L forward  
3&4                   . □ Step R to side, step L beside R, step R to side  
5-6                   . □ Step L forward cross, step R forward  
7&8                   . □ Step L to side, step R beside L, step L to side

## #2. □ Jazz Box Turn ¼ Right – Rocking Chair

1-2                   . □ Cross R over L, Turn ¼ R Step L Back  
3-4                   . □ Step R to side, Step L forward □ □ □ ( 03.00 )  
5-6                   . □ Step R forward, Recover on L  
7-8                   . □ step R backward, Recover on L

## #3. □ Side – Beside – R Chase – Turn ½ Right – Side – Beside – L Chase

1-2                   . □ Step R to side, Step L beside R  
3&4                   . □ Step R to side, Step L beside R, Step R to side  
5-6                   . □ Turn ½ R Step L to side, Step R beside L □ ( 09.00 )  
7&8                   . □ Step L to side, Step R beside L, Step L to side

## #4. □ Touch Heel – Touch – R Chase – Touch Heel – Touch – L Chase

1-2                   . □ Touch Heel R forward, Touch R beside L  
3&4                   . □ Step R to side, Step L beside R, Step R to side  
5-6                   . □ Touch Heel L forward, Touch L beside R  
7&8                   . □ Step L to side, Step R beside L, Step L to side

**NO TAG NO RESTART**

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