

Come and Get It

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Charles & Sandra (UK) - August 2015
音乐: Come and Get It - John Newman : (Single - iTunes)



Intro: 16 counts

(Section 1) Cross, ¼, Rock, Full Triple Turn, Right Shuffle, Cross

1 2 3 Cross Right over Left, Make ¼ turn Right stepping back on Left, Rock Back on Right □ 3:00
4&5 Recover on Left, Make ½ turn Left stepping back on Right, Make ½ turn Left stepping forward on left
6&7 Step forward on Right, Close Left beside Right, Step forward Left
8 Cross Left over Right

(Section 2) Coaster Step, Cross, Side, 1/8 Left turn stepping back, Back, 1/8 turn Left stepping to side

1 2 Step Back on Right and drag left heel to Right, Step Left in place
3 4 Step Forward Right, Cross Left over Right
5 6 Step Right to side, Make 1/8 turn Left stepping back on Left □ 1:30
7 8 Step Back on Right, Make 1/8 turn Left stepping Forward on Left □ 12:00

(Section 3) point, Flick, Side, Hip rolls, Together, Side, Hold, together

1 2 Point Right toe to side, Flick Right foot Behind Left knee (figure 4)
3 Step Right to Right side
4 5 6 Roll hips anticlockwise over 3 counts transferring weight to the Left as you slightly bend Left knee
&7 Close Right beside Left straightening up, Step Left to Left side
8& Hold, Close Left beside Right

(Section 4) ¼ pivot Left, Cross shuffle, ¼, ¼ Rock recover, Cross Shuffle

1 2 Step Forward Right, Make ¼ pivot left □ 9:00
3&4 Cross Right over Left, Step Left to side, Cross Right over left
5 6 7 ¼ turn Right stepping back on Left, ¼ turn Right rocking out to side, Recover on Left □ 3:00
8&1 Cross Right over Left, Step Left to side, Cross Right over left

(Section 5) Side, behind, ¼, toe strut x2

2 3 4 Step Left to Side, Cross Right behind Left, Make ¼ turn Left stepping Forward (Restart on wall 2) □ 12.00
5 6 Step Forward on Right toe, Drop down Heel
7 8 Step Forward on left toe, Drop down Heel

(Section 6) ½ Pivot, Right Dorothy step, Left Dorothy Step, Step, Hold

1 2 Step Right Forward, Make ½ Pivot Left □ 6:00
3 4& Step Right forward to Right diagonal, Lock Left behind Right, Step Right forward to Right diagonal
5 6& Step Left forward to Left diagonal, Lock Right behind Left, Step Left forward to Left diagonal
7 8 Step Forward on Right, Hold

(Section 7) Cross Shuffle, Side Rock, behind side cross, ¼, ½

1&2 Cross Left over Right, Step Right to side, Cross Left over Right
3 4 Rock out to Right side, Recover on Left
5&6 Cross Right behind Left, Step Left to side, Cross Right over Left
7 8 Make ¼ turn Left stepping forward on Left, Make ½ turn Left stepping back on right □ 9:00

(Section 8) ¼ sailor cross, Sway x2, tap x3, together, side

- 1&2 Cross Left behind Right, make ¼ turn Left stepping right next to Left, cross Left over
Right□6:00
- 3 4 Sway to Right side, Sway to Left side
- 5&6 Tap Right toe 3 times beside Left moving right foot slightly further away from left on each tap
- 7 8 Close Right beside Left, Step Left to Left Side

TAG: to be danced at the end of wall 4

Right Hip Bumps, Left Hip Bumps (Click fingers on count 2 and 4)

- 1&2 Bump Hips Right, Left, Right
- 3&4 Bump Hips Left, Right. Left

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