

Six of One

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Gil Platt, Brenda Platt, Ed Woods, Linda Woods & Judy Brinkman - 1996
音乐: Rocky Top '96 (Championship Mix) - The Osborne Brothers



Alt. music: "Six of One, Half Dozen of The Other" by Joe Nichols

HIP SWAYS, RIGHT COASTER STEP, STEP-TURN-STEP

1-4 Sway hips right, left, right, left
5&6 Step back on right, step left back next to right, step forward on right
7&8 Step out on left, turning ½ to right step right, left

HIP SWAYS, RIGHT COASTER STEP, STEP-TURN-STEP

1-4 Sway hips right, left, right, left
5&6 Step back on right, step left back next to right, step forward on right
7&8 Step out on left, turning ½ to right step right, left

KICK BALL CHANGE, ¼ "RUBBER KNEE" ROLLS (X2)

1&2 Kick right, step to place with right, change weight to left foot
3-4 Roll right knee to right (make ¼ turn right), roll left knee
5&6 Kick right, step to place with right, change weight to left foot
7-8 Roll right knee to right (make ¼ turn right), roll left knee

RIGHT VINE

1-4 Step right to side, step left behind right, step right to side, touch left next to right

¼ TURN HIPS ROLLS (X4)

1-8 Step right forward, turn ¼ left (weight to left) (use hips), repeat 3 more times

SIDE & FRONT TOUCHES WITH CROSS STEPS

1&2 Touch right toe to side, bring right in to place, touch left heel forward
&3&4 Bring left to place, touch right heel forward, bring right to place, touch left toe to side
5-6 Cross left over right, touch right toe out to side
7-8 Cross right over left, touch left out to side

¼ TURNING JAZZ BOX, JAZZ BOX

1-4 Cross left over right, step back on right, step left to side with ¼ turn to left, step right next to left
5-8 Cross left over right, step back on right, step left to side, step right next to left

FUNKY WALK ("HITCH-HIKER")

1&2 Step forward on left, while swaying shoulders left, center, left (making "hitch-hiker" arms to left)
3&4 Step forward on right, while swaying shoulders right, center, right (making "hitch-hiker" arms to right)
5-6 Walk/Sway forward left, right (still making "hitch-hiker" arms left, right)
***bend knees and dip down on count 6, then straighten up for next counts**
7-8 Walk/Sway forward left, right (still making "hitch-hiker" arms left, right)

CROSS UNWIND, STOMP, STOMP

1-2 Touch left behind right, unwind ½ turn to left (weight ends on left)
3-4 Stomp right, stomp left (taking weight)

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