

My Trashy Side

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 3 级数: Intermediate
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音乐: Trashy Side - Jesse Lee



#16 count intro

S1: RUN X3, MAMBO STEP, COASTER CROSS, SIDE ROCK RECOVER CROSS

1 & 2 Run fwd R, L, R
3 & 4 Rock fwd on L, Recover back on R, Step L next to R
5 & 6 Step R fwd, Step L next to R, Cross R over L
7 & 8 Rock onto ball of L to the side, Return weight to R, Cross L over R

S2: ¼ TURN, ½ TURN, SHUFFLE, RUMBA BOX

1 2 Make a ¼ turn L stepping back on R, Make a ½ turn L stepping fwd on L
3 & 4 Step fwd on R, Step L beside R, Step fwd on R
5 & 6 Step L to side, Step R beside L, Step L fwd
7 & 8 Step R to side, Step L beside R, Step R back

S3: BACK ROCK RECOVER, ¼ TURN, BACK LOCK STEP, COASTER STEP, KICK BALL CHANGE

1 & 2 Rock L behind R, Recover weight onto R, Make a ¼ turn R stepping back on L
3 & 4 Step back on R, Lock L in front of R, Step back on R
5 & 6 Step back on L, Step R next to L, Step fwd on L
7 & 8 Kick R fwd, Step R back beside L, Step fwd on L

S4: TOES STRUT JAZZ BOX, ¼ TURN W/ HIP BUMP, ½ TURN W/ HIP BUMP

1&2& Cross ball of R over L, Place weight onto R, Touch L back, Place weight onto L
3&4& Touch R to side, Place weight onto R, Cross ball of L over R, Place weight onto L
5 & 6 Make a 1/8 turn L touching R beside L and pushing hip R, Make a 1/8 turn L stepping back R
7 & 8 Make a ¼ turn L touching L beside R and pushing hip L, Make a ¼ turn L stepping fwd L

S5: TOE HEEL CROSS X2, "K" STEP

1 & 2 Touch R toe beside L, Touch R heel slightly right of L, Cross R over L
3 & 4 Touch L toe beside R, Touch L heel slightly left of R, Cross L over R
5&6& Step R to fwd R diagonal, Touch L beside R, Step L to back L diagonal, Touch R beside L
7&8& Step R to back R diagonal, Touch L beside R, Step L to fwd L diagonal, Touch R beside L

S6: PIVOT ½ TURN, TRIPLE TURN, HEEL JACK, PIVOT ½ TURN

1 2 Step fwd on R, Make a ½ turn L placing weight on L
3 & 4 Make a full turn L stepping R, L, R
5&6& Cross L over R, Step R to side, Touch L heel diagonal fwd, Step L next to R
7 8 Step fwd on R, Make a ½ turn L placing weight on L

Tag: Comes after the 2nd wall. You will be facing the 6 o'clock wall.

SHUFFLE, PIVOT ½ TURN, SHUFFLE, PIVOT ½ TURN

1 & 2 Step fwd on R, Step L beside R, Step fwd on R
3 4 Step fwd on L, Make a ½ turn R placing weight on R
5 & 6 Step fwd on L, Step R beside L, Step fwd on L
7 8 Step fwd on R, Make a ½ turn L placing weight on L

Restart: Happens during the 3rd wall.

You dance up to count 24 (after the kick ball change) and Restart to the 12 o'clock

