

# I've Been Better

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Low Intermediate  
编舞者: Bobby Houle (CAN) - October 2014  
音乐: I've Been Better - Brad Paisley



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## [1-8] □ Side, Step, Side Rock Cross, Side Rock, Syncopated Weave

1-2      Right to right side, left forward  
3&4      Rock right to right side, weight back on left, cross right in front of left  
5-6      Rock left to left side, weight back on right  
7&8      Cross left in front of right, right to side, cross left behind right

## [9-16] □ Sweep, ¼ Turn Left, Shuffle Forward, Rock Step, back lock Step

1-2      Sweep right from front to back, weight on right, left forward ¼ turn left  
3&4      Right forward, left beside right, right forward (9 o'clock)  
5-6      Rock left forward, return weight on right  
7&8      Left back, lock right in front of left, left back

## [17-24] □ Back Touch, ¼ Turn Right, Sailor Step, Rock, Step, Diagonal Shuffle

1-2      Point right back, unwind ¼ turn right (weight stay on left) (12 o'clock)  
3&4      Cross right behind left, left to left, right slightly forward  
5-6      Rock left behind, return weight on right  
7&8      Shuffle left, right, left, forward diagonal left (10.30 o'clock)

## [25-32] □ Kick, Hook, 3/8 Turn Right, Shuffle Forward, Step Pivot ½ Turn Right, Side Shuffle, Slide and Tap

1-2      Kick right forward, hook right in front of left making 3/8 turn right (3 o'clock)  
3&4      Shuffle forward right, left, right  
5-6      Left forward, pivot ½ turn right (9 o'clock)  
7&8      Side shuffle left right left on left side  
&      Slide and tap right beside left (weight on left)

Enjoy!

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