

# For A Moment

COPPER KNOB  
STEPSHEETS

拍数: 32                      墙数: 2                      级数: Intermediate  
编舞者: Stephen Paterson (AUS) & Lu Olsen (AUS) - May 2015  
音乐: For a Moment - Maria Arredondo : (Album: For A Moment - iTunes)



## #16 Count intro

[1 – 8] □ Fwd Coaster, Back/diag, Touch Across,  $\frac{3}{4}$  Unwind,  $\frac{1}{4}$  Side, Cross, Recover, Side, Cross,  $\frac{1}{4}$  Ball, Step

1 & 2 &            Step R fwd, Step L beside R (&), Step right back, Step left back to L45 (&)  
3, 4                Touch R across L, unwind  $\frac{3}{4}$  left onto R in place □ □ □ □ 3.00  
& 5                Turn  $\frac{1}{4}$  left then step L out to side (&), rock step R across L, □ □ □ □ 12.00  
6 &                Recover onto L in place, Step R out to side (&)  
7 & 8              Step L across right, turn  $\frac{1}{4}$  left stepping back on ball of R (&), Step L fwd 9.00

[9 – 16] □ Fwd, Half Pivot, Fwd, Recover, Half Fwd, Push Back  $\frac{1}{4}$  Sweep, Behind, Side, Cross, Sweep Across,  $\frac{1}{4}$  Back,  $\frac{1}{4}$  Fwd, Together

1 & 2              Step R fwd, pivot  $\frac{1}{2}$  left onto L in place, Rock step R fwd,  
3 &                Recover onto L in place, Turn  $\frac{1}{2}$  right then rock step R fwd (&)  
4                  Push back onto L in place whilst sweeping R turning  $\frac{1}{4}$  right  
5 & 6              Step R behind left, Step L out to side, cross R over L  
7 &                Sweeping L then step L over R, Turn  $\frac{1}{4}$  left then step R back (&)  
8                  Turn  $\frac{1}{4}$  left then step L forward ##,  
&                  Step R beside L (&) 6.00

[17 – 24] □ Back, Lock, Back, Low Hook, Fwd,  $\frac{1}{2}$ , Reverse Pivot, Back, Lock Back, Together, Sweep Fwd, Sweep Fwd

1 & 2 &            Step L back, Lock R over L (&), Step L back, Low Hook R over L (&)  
3 &                Step R forward, turn  $\frac{1}{2}$  right then step L back ^^ (&) □ □ □ □ 12.00  
4 &                Touch R toe back, reverse pivot  $\frac{1}{2}$  right taking weight on L in place  
5 & 6 &            Step R back, Lock L over R (&), Step R back, Step L beside R (&) \*\*  
7, 8                Sweep step R fwd, Sweep step L fwd □ □ □ □ □ □ 6.00

[25 – 32] □ Fwd, Pivot  $\frac{1}{4}$ , Across,  $\frac{1}{4}$ ,  $\frac{1}{2}$ , Fwd/drag, back,  $\frac{1}{2}$ , Fwd, Full Turn Fwd

1 & 2              Step R fwd, Pivot  $\frac{1}{4}$  left onto L in place (&), Step R across L □ □ □ □ 3.00  
3 &                Turn  $\frac{1}{4}$  right then step L back, Turn  $\frac{1}{2}$  right then step R fwd, □ □ □ □ 12.00  
4 &                Step L fwd, Drag R towards L (&),  
5 & 6              Step R back,  $\frac{1}{2}$  left & step L fwd (&), Step R fwd,  
7 & 8              Turn  $\frac{1}{2}$  right then step L back, Turn  $\frac{1}{2}$  right then step R fwd, Step L fwd □ 6.00

Tag: After Wall 3 (Facing the back) add the following 8 Count Tag:

[1 – 8] □ □ Forward Coaster, Sailor  $\frac{1}{4}$  Fwd, Step  $\frac{1}{4}$  pivot, Across,  $\frac{1}{4}$  Back,  $\frac{1}{4}$  Side, Fwd

1 & 2              Step R fwd, step L beside R (&), step R back  
3 & 4              Step L behind R, turning  $\frac{1}{4}$  L step R to side (&) step L fwd  
5 & 6              Step R fwd, Pivot  $\frac{1}{4}$  left onto L in place (&), Step R across  
7 & 8              Turn  $\frac{1}{4}$  right then step L back, Turn  $\frac{1}{4}$  right then step R out to side, Step L fwd

Restarts: -

On Wall 2 (back) – Dance to count 16 ## and restart Wall 3 at front.

On Wall 6 (back) – Dance to count 22 \*\* and restart Wall 7 at front

Ending: On Wall 9 (front): Dance to count 19& ^^ Step R back, drag L together.

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