

Don't Worry Bout A Thing EZ

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner / Improver
编舞者: Annemaree Sleeth (AUS) - August 2015
音乐: Don't Worry (feat. Ray Dalton) - Madcon : (Single)



Split floor to Franciene Sittrop: Don't Worry "Bout A Thing
and to Ria Vos: Get Up Get Down and any other harder dances

Start on heavy beat about 23 seconds in On words "2 beats before Take" (32 counts)

[1 – 8] KICK BALL CHANGE, SIDE, TOUCH, KICK BALL CHANGE, SIDE, TOUCH

1 & 2 Kick R Foot Forward, Step On Ball Of R, Step L Together
3 – 4 Step R Side, Touch L together
5 & 6 Kick L Foot Forward, Step On Ball Of L, Step R Together
7 – 8 Step L Side, Touch R together

[9 – 16] FORWARD, RECOVER, ½ SHUFFLE R , STEP, ½ PIVOT, WALK , WALK

1 – 2 Rock R Forward, Recover L
3 & 4 Step R ¼ R, Step L together, Step R ¼ Forward (6.00)
5 – 6 Step L Forward, ½ Pivot R (Wgt R)
7 – 8 Walk L Forward, Walk R Forward

[17 – 24] SYNCOPATED ROCKS , SHUFFLE BACK, SAILOR STEP

1 – 2& Rock L Forward, Recover R, Step L Together
3 – 4 Rock R Forward, Recover L
5 & 6 Step R Back, Step L Together, Step R Back
7 & 8 Sweep L Behind L, Step R Side, Step L Side

[25 – 32] SAILORS X 2, BACK ¼ R, RECOVER , STEP, TOGETHER

1 & 2 Sweep R Behind L, Step L Side, Step R Side
3 & 4 Sweep L Behind L, Step R Side, Step L Side
5 – 6 Rock R ¼ Back, Recover L , (3.00)
7 – 8 Walk R Forward, Walk L Forward

Dance Finished to Front wall after 2 steps Forward pose □

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