

Tougher Than The Rest

COPPER KNOB
BY STEPHEN

拍数: 62 墙数: 4 级数: Intermediate

编舞者: Ron Tate (UK) - July 2015

音乐: Tougher Than the Rest - Travis Tritt : (CD: No More Looking Over My Shoulder - iTunes & Amazon)



Count in: 16 counts (Start on word "Night")

Tags/Restarts: Restart (During Wall 5 after count 32 facing 9 o'clock wall)

S1: Rock Steps, Shuffle, Rock Steps, Coaster

1 - 2 ROCK BACK (R), ROCK FORWARD (L)
3 & 4 STEP (R) FORWARD, STEP (L) next to (R), STEP (R) FORWARD
5 - 6 ROCK FORWARD (L), ROCK BACK (R)
7 & 8 STEP BACK (L), STEP (R) next to (L), STEP FORWARD (L)

S2: Rock Steps, Shuffle Turn, Step, Turn, Cross Shuffle

1 - 2 ROCK FORWARD (R), ROCK BACK (L)
3 & 4 SHUFFLE ½ TURN (R) - (R L R) 6 o'clock
5 - 6 STEP FORWARD (L), PIVOT ¼ TURN (R) 9 o'clock
7 & 8 CROSS (L) over (R), STEP (R) to SIDE, CROSS (L) over (R)

S3: Side, Behind & Cross, Side, Behind, Side, Cross, Step, Touch

1 - 2 STEP (R) to SIDE, CROSS (L) behind (R)
& 3 - 4 STEP (R) to SIDE, CROSS (L) over (R), STEP (R) to SIDE
5 & 6 CROSS (L) behind (R), STEP (R) to SIDE, CROSS (L) over (R)
7 - 8 STEP (R) to SIDE, TOUCH (L) next to (R)

S4: Step Turn, Turn, Shuffle Turn, Rock Steps, 2x ½ Turns (or) Walks Back

1 STEP (L) to SIDE making a ¼ TURN (L) 6 o'clock
2 Make a ½ TURN (L) stepping BACK on (R) 12 o'clock
3 & 4 SHUFFLE ½ TURN (L) stepping (L R L) 6 o'clock
5 - 6 ROCK FORWARD (R), ROCK BACK (L)
7 Make ½ TURN (R) stepping FORWARD (R) 12 o'clock
8 Make a ½ TURN (R) stepping BACK (L) 6 o'clock

NB. Easier option: WALK BACK (R), WALK BACK (L)

Restart: During Wall 5 facing 9 o'clock

S5: Coaster, 2x Walks Forward, Cross Mambo, Cross, Side

1 & 2 STEP BACK (R), STEP (L) next to (R), STEP FORWARD (R)
3 - 4 WALK FORWARD (L), WALK FORWARD (R)
5 & 6 CROSS ROCK (L) over (R), ROCK BACK (R), STEP (L) to SIDE
7 - 8 CROSS (R) over (L), STEP (L) to SIDE

S6: Cross Behind, Point, Cross, Turn, Turn, Point, Step Turn, Turn

1 - 2 CROSS (R) behind (L), POINT (L) TOE to SIDE
3 - 4 CROSS (L) over (R), Make ¼ TURN (L) stepping BACK (R) 3 o'clock
5 - 6 Make ¼ TURN (L) stepping (L) to SIDE, POINT (R) TOE to SIDE 12 o'clock
7 STEP FORWARD (R) making ¼ TURN (R) 3 o'clock
8 Make ¼ TURN (R) stepping (L) to SIDE 6 o'clock

S7: Cross Behind, Step Turn, Step, Turn, Full Turn (or) Walks, Rock Steps

1 - 2 CROSS (R) behind (L), Make ¼ TURN (L) stepping FORWARD (L) 3 o'clock
3 - 4 STEP FORWARD (R), PIVOT ½ TURN (L) 9 o'clock

5 - 6 Make ½ TURN (L) stepping BACK (R), On ball of (R) make ½ TURN (L) stepping BACK (L)

NB. □Easier option: □WALK FORWARD (R), WALK FORWARD (L)

7 - 8 ROCK FORWARD (R) ROCK BACK (L)

S8: Coaster (or) Full Shuffle Turn, Rock Steps, Shuffle Back

1 & 2 STEP BACK (R), STEP (L) next to (R), STEP FORWARD (R) or FULL SHUFFLE TURN (R L R)

3 - 4 ROCK FORWARD (L), ROCK BACK (R)

5 & 6 STEP BACK (L), STEP (R) next to (L), STEP FORWARD (L)

REPEAT STEPS
