

# Step Into Life

**COPPER KNOB**  
STEPSHEETS

拍数: 32                      墙数: 1                      级数: Beginner  
编舞者: Wanda Heldt (AUS) - July 2015  
音乐: Gozar la Vida - Julio Iglesias



No Tags or Restarts for any of the music listed. (1 OR 4 wall) - Have FUN

Alt. music:-

Ex's & Oh's by Elle King [Pop]

40 Shades of Green by Daniel O'Donnell [Slow]

**SPLIT FLOOR:- BachataConmigo / Bella's Cha Cha / Tango Del Rio / Wrapped Up**

## **S1. ROCK, RECOVER , CHA CHA R.L.R, ROCK BACK ,RECOVER, BACK, HOLD**

1-2                      Rock forward on Right, Recover on Left.

3&4                      Cha Cha-R.L.R. on the spot.

5-6                      Rock back on Left [body at slight Left Diagonal], Recover on Right.

7-8                      Rock back on Left, Hold.

[Use your Hips as you Rock back, Recover on Right and on Rock back on Left [Turn head left as you do a slight sit-hold on ct. 8, The Right knee should be bend and with toe on floor]

## **S2. WALK FORWARD R.L.R. KICK, WALK BACK, L.R.L. TOUCH**

1-4                      Walk forward R.L.R. Kick Left forward

5-8                      Walk back L. R.L. Touch Right next to Left.

## **S3. RHUMBA BOX**

1-2                      Step Right to Right side, Step Left next to Right.

3-4                      Step back on Right. Hold.

5-6                      Step Left to Left side, Step Right next to Left.

7-8                      Step forward on Left, Hold. [Wt. on Left foot] \*

**For a 4 Wall dance....**

7-8                      \* 1/4 Turn Left as you step forward on Left, Hold. [9:00]

## **S4. CHARLESTON STEPS, POINT SIDE, STEP FORWARD**

1-2                      Touch Right toe forward, Step Right foot next to Left.

3-4                      Touch Left toe back, Step Left foot next to Right.

5-6                      Touch Right toe Right side, Slight Step forward on Right.

7-8                      Touch Left toe Left side, Slight Step forward on Left.

**Repeat..... HAVE FUN IN LIFE & IN DANCE**

**Choreographed specially for The Balga Seniors & Hazel Rutgrink who helps me in class - from their most Favorite dance steps.!**

**Contact - Email: silverstarwa@gmail.com - 0403 536 163**