

# The Farm

拍数: 64                      墙数: 4                      级数: Improver  
编舞者: Mick Harris (UK) - July 2015  
音乐: Where a Farm Used to Be - Gord Bamford : (Album: Country Junkie)



Start: 32 beats in on vocal.

**S1: Walk, walk, shuffle, rock, recover, coaster step.**

1-2                      walk fwd. R,L.  
3&4                      step fwd. on R, step L next to R, step fwd. R.  
5-6                      step fwd. and rock onto L, recover on R.  
7&8                      step back on L, step R next to L, step fwd. on L.

**S2: Side step, rock behind, recover. x 2. ¼ turn L, ½ turn L, shuffle fwd.**

1-2 &                      step R to R side, rock L behind R, recover on R.  
3-4&                      step L to L side, rock R behind L, recover on L.  
5-6                      turn ¼ L stepping back on R, turn ½ L stepping fwd on L.  
7&8                      step fwd on R, step L next to R, step fwd on R. ( 3.00 )

**S3: Rock, recover , coaster step, rock fwd on R, recover, turn ¼ side chasse.**

1-2                      rock fwd on L, recover on R.  
3&4                      step back on L, step R next to L, step fwd on L.  
5-6                      rock fwd on R, recover on L.  
7&8                      turning ¼ R step R to R side, step L next to R, step R to R side. □ ( 6.00 )

**S4: Cross, unwind, shuffle, step pivot, walk, walk.**

1-2                      step L across R, unwind ½ R.  
3&4                      step fwd on L, step R next to L, step fwd on L.  
5-6                      step fwd on R, pivot turn ½ L.  
7-8                      walk fwd R , L. □ ( 6.00 )

**S5: Cross rock, recover, side shuffle, x 2 .**

1-2                      rock R across L, recover on L.  
3&4                      step R to R side, step L next to R, step R to R side.  
5-6                      rock L across R, recover on R.  
7&8                      step L to L side, step R next to L, step L to L side.

**S6: Rock back, recover, shuffle ½ turn, rock back, recover, shuffle.**

1-2                      step back rocking onto R, recover on L.  
3&4                      turn ¼ R stepping back on R, step L next to R, turn ¼ R stepping fwd on R.  
5-6                      step back rocking onto L, recover on R.  
7&8                      step fwd on L, step R next to L, step fwd on L. ( 12.00 )

**S7: Rock, recover, sailor ½ turn, step pivot ¼. Cross , side.**

1-2                      step fwd rocking onto R, recover on L.  
3&4                      step R behind L turning ½ R, step L next to R, step R in place.  
5-6                      step fwd on L, pivot turn ¼ R.  
7-8                      step L across R, step R to R side. ( 9.00 )

**S8: Cross rock, recover, ¼ turn shuffle, step pivot ¼, ½ turn, ½ turn.**

1-2                      rock L across R, recover on R.  
3&4                      turn ¼ L stepping fwd on L, step R next to L, step fwd on L.

5-6 step fwd on R, pivot turn  $\frac{1}{4}$  L.

7-8 turn  $\frac{1}{2}$  L stepping fwd on R, turn  $\frac{1}{2}$  L stepping back on L. ( 3.00 )

(option: walk , walk , R, L. )

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